



City of York Athletics Club - Summer League 2018

MEETING 1 - Monday 7th May

MEETING 3 - Saturday 16th June

MEETING 2 - Saturday 2nd June

MEETING 4 - Sunday 15th July

Age Groups (ages on 31.8.18)

U11 boys and girls school year 5 and below,

U13 boys and girls school year 6 & 7.

U15 boys and girls years 8 & 9,

U17 men and U17 women school year 10 & 11.

Senior Men & Women, Disability open.

! **Max 3 events** per day for U11, U13, U15 and U17 athletes.

! **U17** athletes must not compete in 800m and 3000m on the same day.

Events

U9's, 50m Lollipop Race (FREE), **U11's** 75m, 600m, Long Jump, Shot Putt

U13 Girls 70H, 80m, 150m, 800m, 1500m, Long Jump, High Jump, Shot Putt

U13 Boys 75H, 80m, 150m, 800m, 1500m, Long Jump, High Jump, Shot Putt

U15 Girls 75H, 100m, 200m, 800m, 1500m, Long Jump High Jump, Shot Put, Javelin, Discus, Hammer

U15 Boys 80H, 100m, 200m, 800m, 1500m, Long Jump High Jump, Shot Put, Javelin, Discus, Hammer

U17/Sen Women, 80H/100H, 100m, 200m, 300m/400m, 800m, 1500m, 3000m, Long Jump, High Jump, Shot Putt, Javelin, Discus, Hammer

U17/Sen Men, 110H, 100m, 200m, 400m, 800m, 1500m, 3000m, Long Jump, High Jump, Shot Putt, Javelin Discus, Hammer

Disability Open, 50m, 100m, Long Jump, Shot Put, **Wheelchair Open**, 100m, 200m, 800m

Additional Information

Enquiries

Please email any enquiries to
secretary.coyac@hotmail.co.uk

Venue

The City of York AC Summer League will be held at the York University track, YO10 5NA.

Registration

Registration will be open from 9am until **midday**. It is advisable to register 1 hour before your event begins. Advance online or postal registration is recommended.

League Rules

Rules will be posted on the club website

Timetable

Field events begin at 10.30 and Track at 11.30.

A detailed timetable will be available from the Club website.

Certificates and Awards

Trophies for all Age Groups will be awarded at City of York's AC Open Meeting; the first weekend in September.



COYAC SUMMER LEAGUE - 2018 ENTRY FORM

Please note meeting number restricted availability as per table

	HAMMER	DISCUS	JAVELIN	SHOT	800M	1500M	3000M
U9							
U11				2&4			
U13G			1,2&4	1&4	1,2,3&4	2&4	
U13B			1,2&4	1&4	1,2,3&4	2&4	
U15G	1,2&3	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3
U15B	1,3&4	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3
U17W	1,2&3	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3
U17M	1,3&4	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3
SENIOR W	1,2&3	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3
SENIOR M	1,3&4	2,3,&4	1,2&4	1.2.3& 4	1&3	2&4	1&3

Surname:	Date of Birth:
First Name:	Age Group:
Club:	M/F:

Please select by ticking one of the available options:

£25 season ticket - 3 events at 4 meetings (pre-entry and the 1st meeting only):

£2.50 per event - (£4 on the day):

1 event

2 events

3 events

4 events

5 events

1 st Event	
2 nd Event	
3 rd Event	
4 th Event (u20s & Seniors only)	
5 th Event (u20s & Seniors only)	

Total Payment: £.....

Cheques payable to 'City of York AC'

Please post entries to:

City of York A.C, Summer League, 20 Fern Close, Huntingdon, York YO32 9PA