

Senior Women

| Pos. | Time | Name | Team | Cat | No |
|------|---------|--------------------------|-------------------------------|------|-----|
| 1 | 0:19:53 | WILKINSON, Victoria (Y) | Bingley Harriers | | 10 |
| 2 | 0:20:01 | PARTRIDGE, Susan (Y) | Leeds City | | 113 |
| 3 | 0:20:15 | BRISCOE, Julie (Y) | Wakefield Harriers | | 162 |
| 4 | 0:20:27 | THOMAS, Charlene (Y) | Wakefield Harriers | | 164 |
| 5 | 0:20:30 | RUSSELL, Kulia (Y) | Hallamshire Har. Sheffield AC | | 59 |
| 6 | 0:20:33 | ADAMS, Lizzie (Y) | Hallamshire Har. Sheffield AC | | 61 |
| 7 | 0:20:51 | PENTY, Becky (Y) | City of York | | 11 |
| 8 | 0:21:07 | KLEE, Emily (Y) | Leeds City | | 110 |
| 9 | 0:21:08 | WALSHAW, Katie (Y) | Holmfirth Harriers | | 76 |
| 10 | 0:21:12 | MADDICK, Joanne (H) | Kingston Upon Hull | | 211 |
| 11 | 0:21:24 | CLAYTON, Emma (H) | Scunthorpe | | 214 |
| 12 | 0:21:47 | PROCTER, Ruth (Y) | Hallamshire Har. Sheffield AC | | 57 |
| 13 | 0:21:47 | CORDWELL, Alice (Y) | Hallamshire Har. Sheffield AC | J.L. | 34 |
| 14 | 0:21:49 | FARROW, Natalie (H) | Cleethorpes | | 203 |
| 15 | 0:21:58 | HARRIS, Kerrie (H) | Hull Achilles | | 224 |
| 16 | 0:22:00 | BERRY, Helen (Y) | Holmfirth Harriers | Vet. | 66 |
| 17 | 0:22:01 | GLOVER, Helen (Y) | Keighley & Craven | | 89 |
| 18 | 0:22:09 | PETERSON, Sarah (Y) | Leeds City | | 114 |
| 19 | 0:22:22 | FAWCETT, Jessica (Y) | Rotherham Harriers | | 132 |
| 20 | 0:22:26 | BUTTERWORTH, Hester (Y) | Scarborough AC | | 139 |
| 21 | 0:22:26 | KEMSHALL, Sarah (H) | Scunthorpe | | 213 |
| 22 | 0:22:28 | BECCONSALL, Sue (Y) | Bingley Harriers | Vet. | 1 |
| 23 | 0:22:32 | GREEN, Amy (Y) | Keighley & Craven | | 90 |
| 24 | 0:22:36 | JENKINS, Michelle (Y) | Hallamshire Har. Sheffield AC | | 62 |
| 25 | 0:22:37 | PEARSON, Claire (Y) | Skipton AC | | 146 |
| 26 | 0:22:38 | LOVELL, Sophie (Y) | Leeds City | | 111 |
| 27 | 0:22:56 | BOSTWICK, Sarah (Y) | Wakefield Harriers | | 168 |
| 28 | 0:23:06 | RAW, Ali (Y) | Bingley Harriers | Vet. | 7 |
| 29 | 0:23:08 | CLUMBER, Sarah (Y) | Hallamshire Har. Sheffield AC | Vet. | 186 |
| 30 | 0:23:12 | SCHOFIELD, Helena (Y) | Scarborough AC | | 140 |
| 31 | 0:23:13 | DYBECK, Jenny (Y) | Ilkley | J.L. | 37 |
| 32 | 0:23:14 | GIBBS, Dawn (Y) | City of York | | 12 |
| 33 | 0:23:14 | DAY, Laura-Jane (H) | Kingston Upon Hull | J.L. | 49 |
| 34 | 0:23:21 | SPENCER, Claire (Y) | Kimberworth Striders | | 102 |
| 35 | 0:23:23 | LEAVER, Claire (Y) | Holmfirth Harriers | | 71 |
| 36 | 0:23:28 | RUSSELL, Kate (Y) | Hallamshire Har. Sheffield AC | J.L. | 36 |
| 37 | 0:23:35 | HEWITSON, Kelly (Y) | Hallamshire Har. Sheffield AC | J.L. | 31 |
| 38 | 0:23:36 | JOHNSON, Kelly (Y) | Wakefield Harriers | | 165 |
| 39 | 0:23:37 | SHARRAD, Amy (Y) | Spenborough A.C. | | 155 |
| 40 | 0:23:42 | KERRY, Jasmine (Y) | Wakefield Harriers | | 169 |
| 41 | 0:23:46 | VARLEY, Allison (Y) | Leeds City | Vet. | 115 |
| 42 | 0:23:46 | GRADY, Annabelle (Y) | Rotherham Harriers | | 134 |
| 43 | 0:23:49 | WHITELAM, Hannah (Y) | Hallamshire Har. Sheffield AC | | 55 |
| 44 | 0:23:51 | BUCKLEY, Jo (Y) | Bingley Harriers | | 2 |
| 45 | 0:23:51 | LEGGETT, Lesley (Y) | Denby Dale | Vet. | 21 |
| 46 | 0:23:54 | SPROT, Kathy (Y) | Hallamshire Har. Sheffield AC | | 60 |
| 47 | 0:23:55 | MORLEY, Clare (H) | Scunthorpe | | 215 |
| 48 | 0:23:57 | INGLIS, Emma (Y) | Skyrac | | 152 |
| 49 | 0:24:11 | HIRD, Tamara (Y) | Wharfedale Harriers | | 194 |
| 50 | 0:24:15 | KEMSHALL, Jane (H) | Scunthorpe | | 212 |
| 51 | 0:24:15 | LANCELEY, Robyn (Y) | Rotherham Harriers | J.L. | 42 |
| 52 | 0:24:27 | WARRINGTON, Caroline (Y) | York Knavesmire H. | | 180 |
| 53 | 0:24:30 | BECK, Helen (Y) | Wakefield Harriers | | 167 |
| 54 | 0:24:30 | GRIFFITHS, Lucy (Y) | Holmfirth Harriers | | 77 |
| 55 | 0:24:31 | JOHNSON, Julia (Y) | Holmfirth Harriers | Vet. | 70 |
| 56 | 0:24:36 | BRIDGEMAN, Amy (Y) | Scarborough AC | J.L. | 43 |
| 57 | 0:24:37 | WOOD, Karen (Y) | City of York | Vet. | 13 |
| 58 | 0:24:42 | HARRISON, Rebecca (Y) | Skyrac | J.L. | 46 |
| 59 | 0:24:43 | WILSON, Beverley (H) | Cleethorpes | | 204 |
| 60 | 0:24:49 | PENFOLD, Cara (Y) | Holmfirth Harriers | | 73 |
| 61 | 0:25:01 | WALSH, Claire (H) | Goole YAC | | 223 |
| 62 | 0:25:02 | PHILLIPS, Jenna (Y) | Holmfirth Harriers | | 72 |
| 63 | 0:25:11 | WILES, Fiona (Y) | Hallamshire Har. Sheffield AC | J.L. | 35 |
| 64 | 0:25:13 | HAGGAR, Diane (Y) | Ilkley | Vet. | 83 |
| 65 | 0:25:16 | WADE, Helen (Y) | Kimberworth Striders | | 104 |
| 66 | 0:25:20 | FOSTER, Carla (Y) | Kimberworth Striders | | 103 |

Results by SHER Computing

| Pos. | Time | Name | Team | Cat | No |
|------|---------|-----------------------------|-------------------------|------|-----|
| 67 | 0:25:30 | GREENWOOD, Julie (Y) | Wakefield Harriers | Vet. | 163 |
| 68 | 0:25:33 | CARRIS, Sue (Y) | Bingley Harriers | Vet. | 3 |
| 69 | 0:25:38 | GUARD, Jennie (Y) | Leeds City | | 109 |
| 70 | 0:26:08 | GRAY, Scarlett (Y) | Skipton AC | | 148 |
| 71 | 0:26:10 | MARKS, Laura (Y) | Wetherby Runners | Vet. | 172 |
| 72 | 0:26:12 | WATSON, Madeleine (Y) | Valley Striders | Vet. | 193 |
| 73 | 0:26:21 | SIMMS, Hannah (Y) | Skipton AC | | 150 |
| 74 | 0:26:26 | HAGUE, Sharon (Y) | Pudsey & Bramley | Vet. | 123 |
| 75 | 0:26:28 | ARTHUR, Yvette (Y) | Holmfirth Harriers | Vet. | 65 |
| 76 | 0:26:30 | CROSLAND, Liz (Y) | Keighley & Craven | Vet. | 91 |
| 77 | 0:26:32 | KIVELAINEN, Pirjo (H) | Cleethorpes | | 202 |
| 78 | 0:26:36 | BLACKBURN, Serena (Y) | Horsforth Harriers | Vet. | 79 |
| 79 | 0:26:38 | YATES, Jane (Y) | Denby Dale | Vet. | 25 |
| 80 | 0:26:42 | WORBOYS-HODGSON, Joanne (Y) | Denby Dale | Vet. | 24 |
| 81 | 0:26:48 | JOHNSON, Sandra (Y) | Richmond & Zetland | Vet. | 128 |
| 82 | 0:26:53 | PRECIOUS, Sally (H) | Hull Achilles | Vet. | 225 |
| 83 | 0:26:54 | MAROT, Veronique (Y) | Leeds City | Vet. | 112 |
| 84 | 0:26:58 | MORLEY, Jane (H) | Wolds Vets RC | Vet. | 218 |
| 85 | 0:27:07 | SROKA, Ania (Y) | Keighley & Craven | Vet. | 93 |
| 86 | 0:27:09 | ARKWRIGHT, Janet (Y) | Keighley & Craven | | 95 |
| 87 | 0:27:18 | COLEMAN, Charlotte (Y) | Denby Dale | Vet. | 19 |
| 88 | 0:27:42 | DAVIS, Zoe (Y) | York Knavesmire H. | | 179 |
| 89 | 0:27:45 | STORR, Helen (H) | Beverley AC | Vet. | 197 |
| 90 | 0:27:52 | HUGHES, Fiona (Y) | Richmond & Zetland | Vet. | 131 |
| 91 | 0:27:53 | WRIGHT, Joanne (Y) | Sheffield City Striders | | 159 |
| 92 | 0:28:19 | HARRISON, Carmel (Y) | Rotherham Harriers | Vet. | 135 |
| 93 | 0:28:22 | CHAPMAN, Claire (Y) | Kimberworth Striders | | 105 |
| 94 | 0:28:36 | CHARLESWORTH, Zoey (Y) | Holmfirth Harriers | | 67 |
| 95 | 0:28:38 | NORMINGTON, Andrea (Y) | Wetherby Runners | Vet. | 171 |
| 96 | 0:28:41 | ALLEN, Samantha (H) | Beverley AC | Vet. | 196 |
| 97 | 0:28:47 | BEATTIE, Carol (Y) | Sheffield City Striders | Vet. | 157 |
| 98 | 0:29:27 | ASKINS, Camille (Y) | Keighley & Craven | Vet. | 100 |
| 99 | 0:29:31 | COOPER, Jenny (Y) | Pudsey & Bramley | | 122 |
| 100 | 0:30:03 | DALE, Ann (Y) | Wetherby Runners | Vet. | 173 |
| 101 | 0:30:23 | RAMSDEN, Denise (Y) | Rotherham Harriers | Vet. | 136 |
| 102 | 0:31:43 | RHODES, Ann (Y) | Northern Vets | Vet. | 189 |
| 103 | 0:32:02 | MOORES, Cathy (Y) | Wetherby Runners | Vet. | 175 |
| 104 | 0:34:32 | DUNPHY (WRIGLEY), Laura (Y) | Richmond & Zetland | | 130 |
| 105 | 0:34:36 | FARROW, Kay (H) | Beverley AC | Vet. | 200 |
| 106 | 0:36:36 | EDEN, Lynn (Y) | Ilkley | Vet. | 87 |
| 107 | 0:39:08 | CARRICK, Mary (H) | East Hull Harriers | Vet. | 207 |

Senior Ladies

| | 1 | 2 | 3 | Tot. | |
|----|------------------------|----|----|------|-----|
| 1 | Hallamshire H. | 5 | 6 | 12 | 23 |
| 2 | Leeds City | 2 | 8 | 18 | 28 |
| 3 | Wakefield Harriers | 3 | 4 | 27 | 34 |
| 4 | Bingley H. | 1 | 22 | 28 | 51 |
| 5 | Holmfirth H. | 9 | 16 | 35 | 60 |
| 6 | Hallamshire H. "B" | 13 | 24 | 36 | 73 |
| 7 | Scunthorpe | 11 | 21 | 47 | 79 |
| 8 | City of York | 7 | 32 | 57 | 96 |
| 9 | Scarborough AC | 20 | 30 | 56 | 106 |
| 10 | Rotherham | 19 | 42 | 51 | 112 |
| 11 | Keighley & Cr. AC "A" | 17 | 23 | 76 | 116 |
| 12 | Hallamshire H. "C" | 37 | 43 | 46 | 126 |
| 13 | Wakefield Harriers "B" | 38 | 40 | 53 | 131 |
| 14 | Leeds City "B" | 26 | 41 | 69 | 136 |
| 15 | Cleethorpes AC | 14 | 59 | 77 | 150 |
| 16 | Kimberworth Striders | 34 | 65 | 66 | 165 |
| 17 | Skipton AC | 25 | 70 | 73 | 168 |
| 18 | Holmfirth H. "B" | 54 | 55 | 60 | 169 |
| 19 | Ilkley H. | 31 | 64 | 106 | 201 |
| 20 | Denby Dale | 45 | 79 | 80 | 204 |
| 21 | Holmfirth H. "C" | 62 | 75 | 94 | 231 |
| 22 | Wetherby R | 71 | 95 | 100 | 266 |
| 23 | Keighley & Cr. AC "B" | 85 | 86 | 98 | 269 |
| 24 | Richmond & Zetland | 81 | 90 | 104 | 275 |
| 25 | Beverley AC | 89 | 96 | 105 | 290 |

Under 17 Women

| Pos | Time | Name | Team | No |
|------------|-------------|------------------------|-------------------------------|-----------|
| 1 | 0:16:13 | WALSH, Jennifer (Y) | Spenborough A.C. | 272 |
| 2 | 0:16:32 | BELL, Alex (Y) | Pudsey & Bramley | 241 |
| 3 | 0:16:37 | SMITH, Sally (Y) | Wakefield Harriers | 255 |
| 4 | 0:16:45 | LAMBERT, Caroline (Y) | Wetherby Runners | 258 |
| 5 | 0:16:51 | RODGERS, Grace (Y) | Loftus & Whitby AC | 268 |
| 6 | 0:16:52 | PAXTON, Keziah (Y) | Thirsk & Sowerby | 274 |
| 7 | 0:16:55 | ROBERTSON, Carly (Y) | Bingley Harriers | 260 |
| 8 | 0:17:00 | THACKERY, Calli (Y) | Hallamshire Har. Sheffield AC | 265 |
| 9 | 0:17:21 | EDGE, Charlotte (Y) | Scarborough AC | 249 |
| 10 | 0:17:24 | CORRIGAN, Chelsea (Y) | Pudsey & Bramley | 242 |
| 11 | 0:17:44 | COUPLAND, Kat (Y) | Harrogate | 234 |
| 12 | 0:17:50 | CAVANY, Eve (H) | Kingston Upon Hull | 283 |
| 13 | 0:17:57 | LEGG, Emily (Y) | Wetherby Runners | 257 |
| 14 | 0:18:04 | WARD, Charlotte (H) | City of Hull AC | 278 |
| 15 | 0:18:23 | MASON, Charlotte (Y) | City of York | 232 |
| 16 | 0:18:33 | BISHOP, Ellie (Y) | Hallamshire Har. Sheffield AC | 264 |
| 17 | 0:18:43 | MCLEAN, Rebecca (Y) | Keighley & Craven | 239 |
| 18 | 0:19:45 | TURNER, Rebecca (Y) | Harrogate | 237 |
| 19 | 0:19:49 | PILKINGTON, Hannah (Y) | Halifax Harriers | 262 |
| 20 | 0:20:05 | FILL, Lorna (Y) | Halifax Harriers | 263 |
| 21 | 0:20:19 | HALL, Rachel (Y) | Rotherham Harriers | 244 |
| 22 | 0:20:37 | FRANKS, Sarah (Y) | Wakefield Harriers | 253 |
| 23 | 0:21:11 | ARNOTT, Kendall (H) | Beverley AC | 275 |
| 24 | 0:22:06 | DALTON, Jasmine (H) | Beverley AC | 276 |
| 25 | 0:22:28 | CARTER, Erika (Y) | Keighley & Craven | 240 |

NO TEAM RESULT

Under 15 Girls

| Pos | Time | Name | Team | No |
|-----|---------|-----------------------|-------------------------------|-----|
| 1 | 0:13:25 | WOOD, Katy (Y) | City of York | 1 |
| 2 | 0:13:34 | LONSDALE, Jessica (H) | Kingston Upon Hull | 159 |
| 3 | 0:13:43 | BELL, Fiona (Y) | Hallamshire Har. Sheffield AC | 17 |
| 4 | 0:13:49 | HACKETT, Natalia (Y) | Hallamshire Har. Sheffield AC | 18 |
| 5 | 0:14:05 | MILLS, Becky (Y) | Scarborough AC | 50 |
| 6 | 0:14:16 | MICHAELS, Katie (H) | Kingston Upon Hull | 155 |
| 7 | 0:14:20 | MEGARRY, Jessica (Y) | Wetherby Runners | 71 |
| 8 | 0:14:24 | BRAITHWAITE, Dani (Y) | Loftus & Whitby AC | 85 |
| 9 | 0:14:34 | GREATOREX, Libby (Y) | Wakefield Harriers | 65 |
| 10 | 0:14:38 | O'NEILL, Connie (Y) | City of York | 4 |
| 11 | 0:14:46 | BROWN, Hannah (Y) | Skyrac | 54 |
| 12 | 0:14:52 | CALLAGHAN, Holly (Y) | Halifax Harriers | 11 |
| 13 | 0:15:04 | WILSON, Ellie (H) | Kingston Upon Hull | 158 |
| 14 | 0:15:08 | TIMMINS, Jessica (Y) | Wakefield Harriers | 68 |
| 15 | 0:15:10 | DAWSON, Nicole (H) | Beverley AC | 160 |
| 16 | 0:15:11 | KEEFE, Molly (Y) | Skyrac | 55 |
| 17 | 0:15:13 | FLETCHER, Hannah (Y) | Hallamshire Har. Sheffield AC | 16 |
| 18 | 0:15:15 | PARKIN, Shannon (Y) | Loftus & Whitby AC | 86 |
| 19 | 0:15:23 | BLACKBURN, Megan (Y) | Doncaster AC | 8 |
| 20 | 0:15:24 | MANGHAM, Jessica (Y) | Rotherham Harriers | 47 |
| 21 | 0:15:29 | COLLINS, Sarah (H) | Grimsby Harriers | 164 |
| 22 | 0:15:32 | DUTTON, Emma (Y) | Rotherham Harriers | 42 |
| 23 | 0:15:36 | HARRIS, Kate (Y) | City of York | 3 |
| 24 | 0:15:37 | YEARBY, Georgia (Y) | Leeds City | 36 |
| 25 | 0:15:42 | MIDDLETON, Alice (H) | Kingston Upon Hull | 156 |
| 26 | 0:15:45 | MALIR, Georgia (Y) | Ilkley | 83 |
| 27 | 0:15:46 | KNAPPY, Zara (Y) | Keighley & Craven | 30 |
| 28 | 0:15:48 | WILLIAMS, Ama (Y) | Longwood | 39 |
| 29 | 0:15:48 | JENKINSON, Mary (Y) | Rotherham Harriers | 46 |
| 30 | 0:15:52 | SMITH, Bonnie (Y) | Rotherham Harriers | 48 |
| 31 | 0:15:57 | WILKINSON, Emma (Y) | Spenborough A.C. | 60 |
| 32 | 0:16:07 | MARSH, Hannah (Y) | Wakefield Harriers | 66 |
| 33 | 0:16:07 | BYRNE, Katie (Y) | Spenborough A.C. | 62 |
| 34 | 0:16:18 | MIDDLEMASS, Ellie (Y) | Harrogate | 26 |
| 35 | 0:16:20 | CURRAN, Susannah (Y) | City of Sheffield AC | 78 |
| 36 | 0:16:22 | WILLIAMS, Freya (Y) | Longwood | 40 |
| 37 | 0:16:26 | HAGUE, Alice (Y) | Hallamshire Har. Sheffield AC | 15 |
| 38 | 0:16:28 | RADCLIFFE, Olivia (Y) | Wakefield Harriers | 67 |
| 39 | 0:16:39 | PARKINSON, Emma (Y) | Rotherham Harriers | 45 |
| 40 | 0:16:41 | EDGAR, Beth (H) | Scunthorpe | 167 |

| Pos | Time | Name | Team | No |
|-----|---------|------------------------|-------------------------------|-----|
| 41 | 0:16:56 | ADLARD, Emily (H) | Kingston Upon Hull | 157 |
| 42 | 0:16:59 | ROWLANDS, Jessica (Y) | Wakefield Harriers | 64 |
| 43 | 0:17:07 | RUTHERFORD, Katie (H) | Grimsby Harriers | 163 |
| 44 | 0:17:10 | BRAIN, Zoe (Y) | Rotherham Harriers | 44 |
| 45 | 0:17:12 | DUNKERLEY, Hannah (H) | Scunthorpe | 168 |
| 46 | 0:17:13 | COULSON, Rachel (Y) | Hallamshire Har. Sheffield AC | 19 |
| 47 | 0:17:19 | LEIH, Kirsty (Y) | Longwood | 41 |
| 48 | 0:17:23 | JAGGER, Molly (Y) | Halifax Harriers | 12 |
| 49 | 0:17:31 | TEAL, Emma (Y) | City of York | 5 |
| 50 | 0:17:33 | ADDY, Rebecca (Y) | Holmfirth Harriers | 80 |
| 51 | 0:17:37 | WALSH, Kate (Y) | Skyrac | 58 |
| 52 | 0:17:42 | MOORE, Poppy (Y) | Wetherby Runners | 74 |
| 53 | 0:17:58 | SAYWELL, Megan (H) | Scarborough AC (H) | 166 |
| 54 | 0:18:06 | GARNETT, Lizzie (Y) | Skyrac | 57 |
| 55 | 0:18:08 | JENKINSON, Megan | Barnsley AC | 75 |
| 56 | 0:18:33 | GRAVES, Emma (Y) | Scarborough AC | 52 |
| 57 | 0:18:40 | WARD, Laura (Y) | Wakefield Harriers | 69 |
| 58 | 0:18:54 | YARROW, Hannah (Y) | Hallamshire Har. Sheffield AC | 20 |
| 59 | 0:19:02 | WILSON, India (Y) | Leeds City | 34 |
| 60 | 0:19:06 | STIRR, Rosie (Y) | Richmond & Zetland | 88 |
| 61 | 0:19:12 | SULLIVAN, Rebecca (Y) | Halifax Harriers | 14 |
| 62 | 0:19:20 | ROBERTS, Elizabeth (Y) | Leeds City | 37 |
| 63 | 0:20:27 | FOX, Gaby (Y) | Hallamshire Har. Sheffield AC | 22 |

| Under 15 Girls | | | | 1 | 2 | 3 | Tot. |
|----------------|------------------------|----|----|----|-----|---|------|
| 1 | Kingston Upon Hull | 2 | 6 | 13 | 21 | | |
| 2 | Hallamshire H. | 3 | 4 | 17 | 24 | | |
| 3 | City of York | 1 | 10 | 23 | 34 | | |
| 4 | Wakefield Harriers "A" | 9 | 14 | 32 | 55 | | |
| 5 | Rotherham AC "A" | 20 | 22 | 29 | 71 | | |
| 6 | Skyrac | 11 | 16 | 51 | 78 | | |
| 7 | Longwood Harriers AC | 28 | 36 | 47 | 111 | | |
| 8 | Rotherham AC "B" | 30 | 39 | 44 | 113 | | |
| 9 | Halifax | 12 | 48 | 61 | 121 | | |
| 10 | Wakefield Harriers "B" | 38 | 42 | 57 | 137 | | |
| 11 | Leeds City | 24 | 59 | 62 | 145 | | |
| 12 | Hallamshire H."B" | 37 | 46 | 58 | 141 | | |

"B" and "C" Teams are shown but not eligible for medals

Under 13 Girls

| Pos | Time | Name | Team | No |
|-----|---------|------------------------------|-------------------------------|-----|
| 1 | 0:09:38 | FIRTH, Rebecca (Y) | Wakefield Harriers | 83 |
| 2 | 0:09:46 | MASON, Annabel (Y) | Wakefield Harriers | 89 |
| 3 | 0:09:48 | OWEN, Bronwen (Y) | Scarborough AC | 67 |
| 4 | 0:10:02 | KEIR, Gemma (Y) | Leeds City | 43 |
| 5 | 0:10:04 | EADON, Ella (Y) | City of York | 2 |
| 6 | 0:10:06 | SCHOFIELD, Lucy (Y) | Scarborough AC | 62 |
| 7 | 0:10:11 | HOLMES, Katherine (Y) | City of York | 3 |
| 8 | 0:10:13 | MOORE, Mia (Y) | Wetherby Runners | 96 |
| 9 | 0:10:17 | KIRK, Charlotte (Y) | Doncaster AC | 6 |
| 10 | 0:10:32 | RODGERS, Stephanie (Y) | Wakefield Harriers | 87 |
| 11 | 0:10:33 | TRAVISS, Molly (Y) | Halifax Harriers | 11 |
| 12 | 0:10:42 | CURRAN, Eleanor (Y) | City of Sheffield AC | 132 |
| 13 | 0:10:48 | COOPE, Rebecca (Y) | Pudsey & Bramley | 125 |
| 14 | 0:10:49 | ELLIOTT, Maisie (Y) | Rotherham Harriers | 50 |
| 15 | 0:10:53 | WALKER, Chelsea (H) | Kingston Upon Hull | 142 |
| 16 | 0:10:56 | TAYLOR, Louise (Y) | Scarborough AC | 64 |
| 17 | 0:10:56 | WARD, Keavey (Y) | Spenborough A.C. | 81 |
| 18 | 0:10:58 | SLACK, Charlotte (Y) | Hallamshire Har. Sheffield AC | 14 |
| 19 | 0:10:59 | WITHERWICK, Lucy (H) | Kingston Upon Hull | 145 |
| 20 | 0:11:00 | HAYLEY, Abigail (Y) | Doncaster AC | 7 |
| 21 | 0:11:01 | SPENCER, Sophie (Y) | Holmfirth Harriers | 31 |
| 22 | 0:11:02 | WOOLIN, Sophie (Y) | Wakefield Harriers | 88 |
| 23 | 0:11:04 | WOODCOCK, Lucy (Y) | Hallamshire Har. Sheffield AC | 15 |
| 24 | 0:11:05 | HIRD, Georgia (Y) | Hallamshire Har. Sheffield AC | 19 |
| 25 | 0:11:06 | OGDEN, Leah (Y) | Scarborough AC | 66 |
| 26 | 0:11:07 | FREEMAN, Ellena (Y) | Rotherham Harriers | 51 |
| 27 | 0:11:08 | MORRIS, Rebecca (Y) | Longwood | 47 |
| 28 | 0:11:08 | JONES, Clair (Y) | Harrogate | 27 |
| 29 | 0:11:09 | TAYLOR, Sophie (Y) | City of Sheffield AC | 131 |
| 30 | 0:11:10 | BROWN, Emma (H) | Grimsby Harriers | 149 |
| 31 | 0:11:11 | BOLTON-HARDY, Elle Jo (Y) | Spenborough A.C. | 82 |
| 32 | 0:11:13 | MATHER-HUNTER, Josephine (Y) | Wetherby Runners | 92 |
| 33 | 0:11:15 | LEWIS, Saskia (Y) | Wakefield Harriers | 86 |
| 34 | 0:11:18 | BELL, Lauren (H) | Grimsby Harriers | 150 |
| 35 | 0:11:22 | NICHOLSON, Freja (Y) | Richmond & Zetland | 60 |
| 36 | 0:11:23 | SAWYER, Nicola (Y) | Leeds City | 44 |
| 37 | 0:11:24 | TAYLOR, Beth (Y) | Rotherham Harriers | 54 |
| 38 | 0:11:26 | TOMLINSON, Grace (Y) | Rotherham Harriers | 53 |
| 39 | 0:11:29 | NAJAFI, Hannah (Y) | Richmond & Zetland | 61 |
| 40 | 0:11:30 | HALL, Charlotte (Y) | Leeds Carnegie | 127 |

| Pos | Time | Name | Team | No |
|-----|---------|--------------------------|-------------------------------|-----|
| 41 | 0:11:31 | HUTCHINSON, Emily (Y) | Rotherham Harriers | 52 |
| 42 | 0:11:35 | ARNOTT, Danya (H) | Beverley AC | 134 |
| 43 | 0:11:36 | HEVER, Chloe (Y) | Longwood | 48 |
| 44 | 0:11:39 | CHAPMAN, Jessica (H) | Beverley AC | 133 |
| 45 | 0:11:41 | MILLARD, Leah (Y) | Scarborough AC | 63 |
| 46 | 0:11:49 | MCNEIL, Flora (Y) | Hallamshire Har. Sheffield AC | 17 |
| 47 | 0:11:50 | DAWSON, Kelly (H) | Beverley AC | 135 |
| 48 | 0:11:52 | OATES, Bethan (Y) | Wakefield Harriers | 85 |
| 49 | 0:11:54 | OGDEN, Sarah (Y) | Scarborough AC | 65 |
| 50 | 0:11:55 | JEALE, Anna (Y) | Wetherby Runners | 95 |
| 51 | 0:11:59 | BYRNE, Megan (Y) | Rothwell Harriers | 57 |
| 52 | 0:12:00 | CARTER, Holly (Y) | Keighley & Craven | 41 |
| 53 | 0:12:02 | MALIR, Grace (Y) | Ilkley | 35 |
| 54 | 0:12:03 | HANDFORD, Sally (Y) | Keighley & Craven | 39 |
| 55 | 0:12:04 | MASTROLONARD, Isabel (Y) | Loftus & Whitby AC | 129 |
| 56 | 0:12:08 | PEARSON, Hollie (Y) | Wetherby Runners | 93 |
| 57 | 0:12:10 | LAWSON, Harriet (Y) | Wetherby Runners | 99 |
| 58 | 0:12:12 | HODGSON, Severn (Y) | Longwood | 49 |
| 59 | 0:12:24 | GRAHAM, Ilsa (Y) | Skipton | 68 |
| 60 | 0:12:34 | SMITH, Regan (Y) | Halifax Harriers | 12 |
| 61 | 0:12:36 | CLIFF, Abigail (Y) | Doncaster AC | 8 |
| 62 | 0:14:18 | STIRR, Rachel (Y) | Richmond & Zetland | 59 |
| 63 | 0:15:08 | HANDFORD, Katie (Y) | Keighley & Craven | 40 |

| Under 13 Girls | | 1 | 2 | 3 | Tot. |
|----------------|----------------------|----|----|----|------|
| 1 | Wakefield H. "A" | 1 | 2 | 10 | 13 |
| 2 | Scarborough | 3 | 6 | 16 | 25 |
| 3 | Hallamshire H. | 18 | 23 | 24 | 65 |
| 4 | Rotherham AC | 14 | 26 | 37 | 77 |
| 5 | Wetherby Runners | 8 | 32 | 50 | 90 |
| 6 | Doncaster | 9 | 20 | 61 | 90 |
| 7 | Wakefield H. "B" | 22 | 33 | 48 | 103 |
| 8 | Scarborough "B" | 25 | 45 | 49 | 119 |
| 9 | Longwood H | 27 | 43 | 58 | 128 |
| 10 | Beverley AC | 42 | 44 | 47 | 133 |
| 11 | Richmond & Zetland H | 35 | 39 | 62 | 136 |
| 12 | Keighley & Craven AC | 52 | 54 | 63 | 169 |

"B" and "C" Teams are shown but not eligible for medals