

Division 4W Match 3 - Salford

				Perf	Record	Wind	AW	7 July 2013				
				Perf	Record	Wind	AW					
<b>Men's 100m A</b>				Wind=				<b>Men's 100m B</b>				
1	4	Stephen Sumner	Hyndburn AC	11.5				1	33	Haydn Bud Skinkiss	Deeside AAC	11.6
2	1	Bolu Olufon	Chorley Athletic & Tr	11.5			<input checked="" type="checkbox"/>	2	11	Nick Fowler	Chorley Athletic & Tr	11.8
3	3	Jordan Knox	Deeside AAC	11.6				3	66	Steve Lightfoot	Salford Metropolitan	11.9
4	8	Declan Snape	Wigan & District Hari	11.7				4	55	Lee Chapman	Isle of Man 'B'	12.6
5	6	Lewis Hickson	Salford Metropolitan	11.8				5	44	Russell Race	Hyndburn AC	12.8
6	5	Jack Martin	Isle of Man 'B'	12.5				6				
7								7				
8								8				
<b>Men's 200m A</b>				Wind=				<b>Men's 200m B</b>				
1	8	Adam Harvey	Wigan & District Hari	22.4			<input checked="" type="checkbox"/>	1	88	Adam Weir	Wigan & District Hari	23.9
2	3	Jordan Knox	Deeside AAC	23.5				2	11	John Wright	Chorley Athletic & Tr	25.4
3	1	Bolu Olufon	Chorley Athletic & Tr	24.0				3	44	Russell Race	Hyndburn AC	27.1
4	6	Steve Lightfoot	Salford Metropolitan	24.1				4	66	Mike Race	Salford Metropolitan	31.2
5	4	Noah Stephens	Hyndburn AC	24.1				5				
6								6				
7								7				
8								8				
<b>Men's 400m A</b>								<b>Men's 400m B</b>				
1	8	Adam Harvey	Wigan & District Hari	49.8			<input checked="" type="checkbox"/>	1	88	Declan Snape	Wigan & District Hari	53.6
2	3	Haydn Bud Skinkiss	Deeside AAC	52.5			<input checked="" type="checkbox"/>	2	66	Lewis Hickson	Salford Metropolitan	53.6
3	4	Noah Stephens	Hyndburn AC	52.5			<input checked="" type="checkbox"/>	3	11	Andrew Ramsey	Chorley Athletic & Tr	56.6
4	6	Thomas Gerrard	Salford Metropolitan	53.2				4				
5	1	Ryan Sciacca	Chorley Athletic & Tr	54.8				5				
6								6				
7								7				
8								8				
<b>Men's 800m A</b>								<b>Men's 800m B</b>				
1	1	Ryan Sciacca	Chorley Athletic & Tr	2.03.9				1	77	Robert Dykes	Warrington AC	2.10.9
2	7	Chris Fance	Warrington AC	2.06.6				2	11	Paul Wareing	Chorley Athletic & Tr	2.35.2
3	8	Declan O'Neil	Wigan & District Hari	2.09.5				3	66	Cliff Jones	Salford Metropolitan	3.18.7
4	3	Mark Garstang	Deeside AAC	2.41.1				4				
5	6	Ged McDermott	Salford Metropolitan	2.45.6				5				
6	5	Tim Baker	Isle of Man 'B'	3.04.9				6				
7								7				
8								8				
<b>Men's 1500m A</b>								<b>Men's 1500m B</b>				
1	1	Adam Sciacca	Chorley Athletic & Tr	4.17.3				1	77	Leighton Sharman	Warrington AC	4.32.7
2	7	Matt Hisle	Warrington AC	4.19.9				2	33	Kevin Challinor	Deeside AAC	5.22.3
3	5	Oliver Dickinson	Isle of Man 'B'	5.17.4				3	11	Simon Townsend	Chorley Athletic & Tr	6.02.0
4	3	Mark Garstang	Deeside AAC	5.33.1				4	55	Tim Baker	Isle of Man 'B'	6.28.7
5	6	Paul Connelly	Salford Metropolitan	5.42.6				5				
6								6				
7								7				
8								8				
<b>Men's 3000m S/Chase A</b>								<b>Men's 3000m S/Chase B</b>				
1	88	Steven Nichols	Wigan & District Hari	11.13.6				1	8	Declan O'Neil	Wigan & District Hari	11.23.3
2	4	Josh Blyzniuk	Hyndburn AC	14.19.3				2	11	Marco Sciacca	Chorley Athletic & Tr	15.42.5
3	3	Stephen Joiley	Deeside AAC	14.30.8				3				
4	1	Simon Townsend	Chorley Athletic & Tr	14.50.1				4				
5	6	Alan Thomas	Salford Metropolitan	18.00.9				5				
6								6				
7								7				
8								8				

Division 4W Match 3 - Salford

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**Men's 5000m A**

	Perf	Record	Wind	AW
1	1 Paul Wareing	Chorley Athletic & Tr	20.11.6	
2	6 Chris Jones	Salford Metropolitan	21.25.8	
3	3 Mark Garstang	Deeside AAC	21.56.2	
4				
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6				
7				
8				

**Men's 5000m B**

	Perf	Wind	AW
1	11 Marco Sciacca	Chorley Athletic & Tr	24.25.7
2			
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5			
6			
7			
8			

**Men's 400m Hurdles A**

	Perf	Record	Wind	AW
1	1 Rick Cordwell	Chorley Athletic & Tr	70.4	
2	5 Oliver Dickinson	Isle of Man 'B'	71.5	
3	4 Nick Rawcliffe	Hyndburn AC	72.0	
4				
5				
6				
7				
8				

**Men's 400m Hurdles B**

	Perf	Wind	AW
1	11 Marco Sciacca	Chorley Athletic & Tr	69.2
2			
3			
4			
5			
6			
7			
8			

**Men's 110m Hurdles A**

	Perf	Record	Wind=	AW
1	7 Neal Petley	Warrington AC	19.7	
2	1 Ian Gouldthorpe	Chorley Athletic & Tr	21.6	
3	4 Nick Rawcliffe	Hyndburn AC	22.8	
4				
5				
6				
7				
8				

**Men's 110m Hurdles B**

	Perf	Wind=	AW
1	11 Rick Cordwell	Chorley Athletic & Tr	20.9
2			
3			
4			
5			
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7			
8			

**Men's Hammer A**

	Perf	Record	Wind	AW
1	6 Derek Martin	Salford Metropolitan	29.91	<input checked="" type="checkbox"/>
2	3 Dave Stokes	Deeside AAC	24.07	
3	1 John Wright	Chorley Athletic & Tr	16.83	
4	5 Sam Corlett	Isle of Man 'B'	16.37	
5	7 Neal Petley	Warrington AC	15.18	
6	4 Nick Rawcliffe	Hyndburn AC	10.72	
7				
8				

**Men's Hammer B**

	Perf	Wind	AW
1	66 Richard Smith	Salford Metropolitan	19.91
2	11 Andrew Ramsey	Chorley Athletic & Tr	12.33
3	44 Phil Sumner	Hyndburn AC	10.17
4			
5			
6			
7			
8			

**Men's Discus A**

	Perf	Record	Wind	AW
1	3 Dave Stokes	Deeside AAC	30.44	<input checked="" type="checkbox"/>
2	1 Ian Gouldthorpe	Chorley Athletic & Tr	24.09	
3	6 Derek Martin	Salford Metropolitan	22.84	
4	5 Sam Corlett	Isle of Man 'B'	18.23	
5	4 Stephen Sumner	Hyndburn AC	16.94	
6	7 Neal Petley	Warrington AC	16.19	
7				
8				

**Men's Discus B**

	Perf	Wind	AW
1	33 Lee Wright	Deeside AAC	20.98
2	66 Cliff Jones	Salford Metropolitan	16.00
3	44 Phil Sumner	Hyndburn AC	15.95
4	11 Rick Cordwell	Chorley Athletic & Tr	15.72
5			
6			
7			
8			

**Men's Javelin A**

	Perf	Record	Wind	AW
1	6 Ellis Cooper	Salford Metropolitan	40.81	<input checked="" type="checkbox"/>
2	1 Ian Gouldthorpe	Chorley Athletic & Tr	29.51	
3	3 Dave Stokes	Deeside AAC	27.45	
4	8 Chris Clark	Wigan & District Har	25.51	
5	44 Stephen Sumner	Hyndburn AC	15.31	
6	5 Tim Baker	Isle of Man 'B'	11.19	
7				
8				

**Men's Javelin B**

	Perf	Wind	AW
1	66 Derek Martin	Salford Metropolitan	28.51
2	33 Lee Wright	Deeside AAC	22.71
3	11 Marco Sciacca	Chorley Athletic & Tr	21.46
4			
5			
6			
7			
8			

Division 4W Match 3 - Salford

				Perf	Record	Wind	AW	7 July 2013				
				Perf	Record	Wind	AW	Perf	Wind	AW		
<b><u>Men's Shot Putt A</u></b>								<b><u>Men's Shot Putt B</u></b>				
1	4	Russell Race	Hyndburn AC	10.12			<input checked="" type="checkbox"/>	1	3	Dave Stokes	Deeside AAC	8.68
2	33	Haydn Bud Skinkiss	Deeside AAC	9.86				2	6	Derek Martin	Salford Metropolitan	8.15
3	66	Cliff Jones	Salford Metropolitan	8.38				3	44	Phil Sumner	Hyndburn AC	7.20
4	1	Ian Gouldthorpe	Chorley Athletic & Tr	8.25				4	11	John Wright	Chorley Athletic & Tr	5.99
5	5	Sam Corlett	Isle of Man 'B'	7.55				5	8	Steven Nichols	Wigan & District Hari	5.83
6	7	Neal Petley	Warrington AC	6.84				6	55	Tim Baker	Isle of Man 'B'	5.22
7	88	Adam Weir	Wigan & District Hari	6.44				7				
8								8				
<b><u>Men's Long Jump A</u></b>								<b><u>Men's Long Jump B</u></b>				
1	3	Jordan Knox	Deeside AAC	6.07			<input checked="" type="checkbox"/>	1	33	Lee Wright	Deeside AAC	5.51
2	7	Wojciech Czaja	Warrington AC	5.94			<input checked="" type="checkbox"/>	2	11	Ian Gouldthorpe	Chorley Athletic & Tr	5.24
3	8	Declan Snape	Wigan & District Hari	5.55				3	5	Jack Martin	Isle of Man 'B'	4.93
4	1	Bolu Olufon	Chorley Athletic & Tr	5.48				4	77	Neal Petley	Warrington AC	4.69
5	55	Lee Chapman	Isle of Man 'B'	5.08				5	44	Josh Blysiuk	Hyndburn AC	4.66
6	4	Stephen Sumner	Hyndburn AC	4.78				6	66	Derek Martin	Salford Metropolitan	3.54
7	6	Alan Thomas	Salford Metropolitan	4.07				7				
8								8				
<b><u>Men's Triple Jump A</u></b>								<b><u>Men's Triple Jump B</u></b>				
1	7	Wojciech Czaja	Warrington AC	12.76			<input checked="" type="checkbox"/>	1	11	Rick Cordwell	Chorley Athletic & Tr	10.81
2	6	Thomas Gerrard	Salford Metropolitan	12.31			<input checked="" type="checkbox"/>	2	77	Neal Petley	Warrington AC	10.55
3	3	Lee Wright	Deeside AAC	11.68				3	5	Oliver Dickinson	Isle of Man 'B'	9.53
4	1	Ian Gouldthorpe	Chorley Athletic & Tr	11.22				4	66	Derek Martin	Salford Metropolitan	7.70
5	55	Lee Chapman	Isle of Man 'B'	10.52				5	33	Dave Stokes	Deeside AAC	7.21
6								6				
7								7				
8								8				
<b><u>Men's High Jump A</u></b>								<b><u>Men's High Jump B</u></b>				
1=	77	Wojciech Czaja	Warrington AC	1.60				1	7	Neal Petley	Warrington AC	1.45
1=	6	Ellis Cooper	Salford Metropolitan	1.60				2	11	Rick Cordwell	Chorley Athletic & Tr	1.40
3	1	Ian Gouldthorpe	Chorley Athletic & Tr	1.50								
4	3	Lee Wright	Deeside AAC	1.40								
<b><u>Men's Pole Vault A</u></b>								<b><u>Men's Pole Vault B</u></b>				
1	3	Lee Wright	Deeside AAC	3.00			<input checked="" type="checkbox"/>	1	33	Dave Stokes	Deeside AAC	2.10
2	4	Josh Blysiuk	Hyndburn AC	2.50								
<b><u>Men's 4x100m Relay</u></b>												
1	6	Salford Metropolitan AC	Steve Lightfoot	Thomas Gerrard	Lewis Hickson	Andy O'Connell	46.4					
2	1	Chorley Athletic & Triath	Nick Fowler	Bolu Olufon	John Wright	Rick Cordwell	46.5					
3	4	Hyndburn AC	Stephen Sumner	Noah Stephens	Nick Rawcliffe	Russell Race	48.1					
4	3	Deeside AAC	Jordan Knox	Lee Wright	Haydn Bud Skinkiss	Mark Garstang	49.7					
5	5	Isle of Man 'B'	Jack Martin	Lee Chapman	Sam Corlett	Oliver Dickinson	DQ					
6												
7												
8												

**Division 4W Match 3 - Salford**

**7 July 2013**

Perf    Record    Wind    AW

Perf    Wind    AW

**Men's 4x400m Relay**

	Perf	Record	Wind	AW	Perf	Wind	AW
1	7	Warrington AC	Robert Dykes	Leighton Sharman	Chris Fance		
2	6	Salford Metropolitan AC	Steve Lightfoot	Thomas Gerrard	Lewis Hickson	3.43.0	
3	1	Chorley Athletic & Triath	Ryan Sciacca	Andrew Ramsey	Nick Fowler	3.43.9	
4						3.57.9	
5							
6							
7							
8							

**MATCH RESULT**

League Points

Match

**STANDINGS**

League Points

Match

1	Deeside	8	417.0	1	Deeside	20	1085.0
2	Chorley	7	407.0	2	Hyndburn	18	1044.0
3	Hyndburn	6	333.0	3	Chorley	18	997.0
4	Salford	5	317.0	4	IoM	17	889.0
5	IoM	4	295.0	5	Wigan	14	939.0
6	Warrington	3	245.0	6	Salford	9	688.0
7	Wigan	2	221.0	7	Warrington	8	690.0
8				8	Colwyn	4	364.0

**Men's 100m Non Scoring**

Wind=

1	##	Rick Cordwell	Chorley	12.3
2		John Light	Chorley	12.4
3		Andy O'Connell	Salford	12.6
4		Nick Rawcliffe	Hyndburn	13.1
5		Max Race	Salford	14.6
6				
7				
8				

**Men's 100m Non Scoring**

Wind=

1				
2				
3				
4				
5				
6				
7				
8				

**Division 4W Match 3 - Salford**

**7 July 2013**

**Women's 100m A**

			Perf	Record	Wind	AW
1	3	Shannon Malone	Deeside AAC	12.4		<input checked="" type="checkbox"/>
2	4	Emma Duckworth	Hyndburn AC	13.5		
3	5	Isla Quayle	Isle of Man 'B'	13.9		
4	7	Emma Makin	Warrington AC	14.5		
5	1	Eluned Smith	Chorley Athletic & Tr	15.3		
6						
7						
8						

**Women's 100m B**

			Perf	Wind	AW
1	33	Jess Peterson	Deeside AAC	13.7	
2	44	Sarah Cowgill	Hyndburn AC	14.6	
3	55	Jo Glassey	Isle of Man 'B'	16.4	
4					
5					
6					
7					
8					

**Women's 200m A**

			Perf	Record	Wind	AW
1	3	Shannon Malone	Deeside AAC	25.6		<input checked="" type="checkbox"/>
2	6	Olivia McDermott	Salford Metropolitan	28.2		
3	4	Emma Duckworth	Hyndburn AC	28.9		
4	5	Isla Quayle	Isle of Man 'B'	29.4		
5	7	Emma Makin	Warrington AC	30.5		
6						
7						
8						

**Women's 200m B**

			Perf	Wind	AW
1	33	Jess Peterson	Deeside AAC	28.8	
2	88	Olivia Rowe	Wigan & District Hari	30.0	
3	44	Sarah Cowgill	Hyndburn AC	30.4	
4	77	Abi Bircumshaw	Warrington AC	33.0	
5	55	Moira Hall	Isle of Man 'B'	41.6	
6					
7					
8					

**Women's 400m A**

			Perf	Record	Wind	AW
1	6	Olivia McDermott	Salford Metropolitan	60.8		<input checked="" type="checkbox"/>
2	7	Jemma Eyre	Warrington AC	60.9		<input checked="" type="checkbox"/>
3	8	Sarah Harrington	Wigan & District Hari	61.2		<input checked="" type="checkbox"/>
4	5	Ellie Glassey	Isle of Man 'B'	69.4		
5	3	Rhian Williams	Deeside AAC	71.6		
6	1	Eluned Smith	Chorley Athletic & Tr	88.1		
7	4	Joyce Tetlow	Hyndburn AC	94.5		
8						

**Women's 400m B**

			Perf	Wind	AW
1	55	Moira Hall	Isle of Man 'B'	95.7	
2					
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4					
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6					
7					
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**Women's 800m A**

			Perf	Record	Wind	AW
1	6	Olivia McDermott	Salford Metropolitan	2:28.8		
2	8	Olivia Rowe	Wigan & District Hari	2:38.8		
3	4	Ellen Sagar-Hesketh	Hyndburn AC	2:43.1		
4	5	Ellie Glassey	Isle of Man 'B'	2:46.5		
5	3	Kathryn Hopwood	Deeside AAC	3:01.5		
6						
7						
8						

**Women's 800m B**

			Perf	Wind	AW
1	55	Jo Glassey	Isle of Man 'B'	3:00.7	
2	66	Rhea Palmer	Salford Metropolitan	3:02.8	
3	44	Joyce Tetlow	Hyndburn AC	3:35.6	
4					
5					
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7					
8					

**Women's 1500m A**

			Perf	Record	Wind	AW
1	7	Elizabeth Smith	Warrington AC	5:49.0		
2	5	Helen Taylor	Isle of Man 'B'	6:04.1		
3	1	Josie Hull	Chorley Athletic & Tr	6:09.5		
4	6	Rhea Palmer	Salford Metropolitan	6:26.5		
5	8	Amy Higgs	Wigan & District Hari	6:36.2		
6	4	Joyce Tetlow	Hyndburn AC	7:36.9		
7						
8						

**Women's 1500m B**

			Perf	Wind	AW
1	11	Anya Townsend	Chorley Athletic & Tr	6:13.8	
2	55	Jo Glassey	Isle of Man 'B'	6:44.0	
3					
4					
5					
6					
7					
8					

**Women's 3000m A**

			Perf	Record	Wind	AW
1	1	Josie Hull	Chorley Athletic & Tr	12:47.5		
2	5	Helen Taylor	Isle of Man 'B'	12:59.2		
3						
4						
5						
6						
7						
8						

**Women's 3000m B**

			Perf	Wind	AW
1	55	Moira Hall	Isle of Man 'B'	15:30.4	
2					
3					
4					
5					
6					
7					
8					

**Division 4W Match 3 - Salford**

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**Women's 400m Hurdles A**

	Perf	Record	Wind	AW	
1	3	Rhian Williams	Deeside AAC	67.2	
2	7	Emma Makin	Warrington AC	68.2	<input checked="" type="checkbox"/>
3	8	Victoria Thorpe	Wigan & District Hari	83.9	<input checked="" type="checkbox"/>
4	5	Helen Taylor	Isle of Man 'B'	85.8	
5					
6					
7					
8					

**Women's 400m Hurdles B**

	Perf	Wind	AW
1			
2			
3			
4			
5			
6			
7			
8			

**Women's 100m Hurdles A**

	Perf	Wind=		
1	7	Emma Makin	Warrington AC	21.0
2				
3				
4				
5				
6				
7				
8				

**Women's 100m Hurdles B**

	Perf	Wind=
1		
2		
3		
4		
5		
6		
7		
8		

**Women's Hammer A**

1	6	Sarah Cooper	Salford Metropolitan	19.29
2	5	Voirrey Baker	Isle of Man 'B'	18.72
3	44	Sarah Cowgill	Hyndburn AC	15.25
4	33	Tania Williams	Deeside AAC	14.98
5	7	Abi Bircumshaw	Warrington AC	13.31
6	1	Eluned Smith	Chorley Athletic & Tr	11.00
7				
8				

**Women's Hammer B**

1	55	Di Shimall	Isle of Man 'B'	15.70
2	4	Heidi Hamshere	Hyndburn AC	14.85
3	3	Megan Weetman	Deeside AAC	14.78
4	66	Emilie Cooper	Salford Metropolitan	13.73
5				
6				
7				
8				

**Women's Discus A**

	Perf	Record	Wind	AW	
1	3	Sabrina Fortune	Deeside AAC	31.76	<input checked="" type="checkbox"/>
2	4	Sarah Cowgill	Hyndburn AC	22.14	
3	5	Voirrey Baker	Isle of Man 'B'	20.45	
4	8	Millie Forrest (F37)	Wigan & District Hari	18.03	
5	1	Anya Townsend	Chorley Athletic & Tr	15.70	
6	6	Emilie Cooper	Salford Metropolitan	14.69	
7					
8					

**Women's Discus B**

1	44	Heidi Hamshere	Hyndburn AC	20.09
2	33	Megan Weetman	Deeside AAC	18.66
3	11	Eluned Smith	Chorley Athletic & Tr	14.76
4	55	Di Shimall	Isle of Man 'B'	14.51
5	66	Jenny Crowther	Salford Metropolitan	10.69
6				
7				
8				

**Women's Javelin A**

	Perf	Record	Wind	AW	
1	4	Sarah Cowgill	Hyndburn AC	29.65	<input checked="" type="checkbox"/>
2	88	Dayna Clarke	Wigan & District Hari	28.21	<input checked="" type="checkbox"/>
3	1	Anya Townsend	Chorley Athletic & Tr	24.98	
4	7	Emma Makin	Warrington AC	15.07	
5	33	Tania Williams	Deeside AAC	14.92	
6	55	Di Shimall	Isle of Man 'B'	9.67	
7	6	Sarah Cooper	Salford Metropolitan	7.36	
8					

**Women's Javelin B**

1	8	Alex Clarke	Wigan & District Hari	22.69
2	44	Lucinda Mulligan	Hyndburn AC	21.23
3	3	Jess Peterson	Deeside AAC	11.41
4	5	Moir Hall	Isle of Man 'B'	9.53
5	11	Megan Tusan	Chorley Athletic & Tr	7.53
6	66	Rachel Cooper	Salford Metropolitan	5.28
7				
8				

**Women's Shot Putt A**

	Perf	Record	Wind	AW	
1	3	Sabrina Fortune	Deeside AAC	10.29	<input checked="" type="checkbox"/>
2	88	Zoe Hughes	Wigan & District Hari	7.66	
3	4	Heidi Hamshere	Hyndburn AC	7.59	
4	5	Voirrey Baker	Isle of Man 'B'	7.33	
5	1	Anya Townsend	Chorley Athletic & Tr	6.08	
6	7	Abi Bircumshaw	Warrington AC	5.83	
7	6	Sarah Cooper	Salford Metropolitan	5.62	
8					

**Women's Shot Putt B**

1	44	Lucinda Mulligan	Hyndburn AC	7.48
2	11	Josie Hull	Chorley Athletic & Tr	5.50
3	55	Moir Hall	Isle of Man 'B'	5.35
4	33	Megan Weetman	Deeside AAC	5.29
5	8	Millie Forrest (F37)	Wigan & District Hari	5.25
6	66	Debbie Hulme	Salford Metropolitan	4.41
7				
8				

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Women's Long Jump A

	Perf	Record	Wind	AW
1	4	Ellen Sagar-Hesketh	Hyndburn AC	4.86
2	8	Zoe Hughes	Wigan & District Hari	4.65
3	3	Jess Peterson	Deeside AAC	4.41
4	7	Emma Makin	Warrington AC	4.20
5	1	Eluned Smith	Chorley Athletic & Tr	4.08
6	5	Ellie Glassey	Isle of Man 'B'	3.62
7				
8				

Women's Long Jump B

	Perf	Wind	AW	
1	44	Lucinda Mulligan	Hyndburn AC	3.46
2	11	Josie Hull	Chorley Athletic & Tr	3.06
3	33	Tania Williams	Deeside AAC	2.73
4				
5				
6				
7				
8				

Women's Triple Jump A

	Perf	Record	Wind	AW
1	3	Rhian Williams	Deeside AAC	10.31
2	4	Ellen Sagar-Hesketh	Hyndburn AC	10.17
3	1	Eluned Smith	Chorley Athletic & Tr	8.23
4	7	Emma Makin	Warrington AC	8.10
5				
6				
7				
8				

Women's Triple Jump B

	Perf	Wind	AW	
1	33	Jess Peterson	Deeside AAC	8.33
2				
3				
4				
5				
6				
7				
8				

Women's High Jump A

	Perf	Record	Wind	AW
1	5	Isla Quayle	Isle of Man 'B'	1.45
2	8	Zoe Hughes	Wigan & District Hari	1.45
3	4	Emma Duckworth	Hyndburn AC	1.25
4	3	Jess Peterson	Deeside AAC	1.10

Women's High Jump B

	Perf	Wind	AW	
1	88	Victoria Thorpe	Wigan & District Hari	1.25
2	33	Rhian Williams	Deeside AAC	1.10

Women's Pole Vault A

	Perf	Record	Wind	AW
1	6	Emilie Cooper	Salford Metropolitan	1.70

Women's Pole Vault B

Women's 4x100m Relay

	Perf	Record	Wind	AW			
1	3	Deeside AAC	Jess Peterson	Rhian Williams	Shannon Malone	Kathryn Hopwood	53.8
2	4	Hyndburn AC	Sarah Cowgill	Ellen Sagar-Hesketh	Emma Duckworth	Lucinda Mulligan	56.8
3	5	Isle of Man 'B'	Helen Taylor	Ellie Glassey	Voirrey Baker	Isla Quayle	62.2
4	1	Chorley Athletic & Triath	Eluned Smith	Anya Townsend	Josie Hull	Kath Townsend	68.0
5							
6							
7							
8							

Women's 4x400m Relay

	Perf	Record	Wind	AW			
1	3	Deeside AAC	Jess Peterson	Rhian Williams	Eleanor Blount	Kathryn Hopwood	5:03.9
2	4	Hyndburn AC	Sarah Cowgill	Ellen Sagar-Hesketh	Heidi Hamshere	Joyce Tetlow	5:50.4
3							
4							
5							
6							
7							
8							



**North of England  
Track Field League**



Division 4W Match 3 - Salford

7 July 2013

**Women's 100m Non Scoring**

Wind=

Perf

Record

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8


**Women's 100m Non Scoring**

Wind=

Perf

Record

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8






**North of England  
Track Field League**



Division 4W Match 3 - Salford

Perf    Record    Wind    AW                    7 July 2013

Perf    Wind    AW

**Womens 1500m Steeplechase**

1	
2	
3	
4	
5	
6	
7	
8	