

Athletics Senior/U20 Outdoor C		Manchester	June 2018		
Event	W/S: -1.3				
Parallel Success 100m Ambulant Men FINAL		1	Graeme Ballard T36	Wigan & District H & Ac	12.63
		2	George Fox T37	Blackpool Wyre & Fylde AC	12.69
		3	Jack Anderson T20	Salford Metropolitan Ac	13.08
		4	Henry Ackroyd T38	Bingley Harriers & AC	13.25
		5	Kyle Keyworth T35	Manchester Harriers & AC	13.38
		6	Fraser Owen T36	U/A	16.31
	W/S: -2.5				
Parallel Success 100m Ambulant Women FINAL		1	Laura Sugar T/F44	Birchfield Harriers	13.90
		2	Emily Stewart T/F 38	Gateshead Harriers & AC	15.33
		3	Katie Nesbitt T20	City of Norwich AC	15.91
		4	Amy Carr T37	ough Athletic Club (mandale)	16.01
		5	India Oates T35	Darlington H & AC	16.86
Parallel Success 400m Ambulant FINAL	W/S: +0.1	1	Ross Paterson T38	Red Star	56.32
		2	Henry Ackroyd T38	Bingley Harriers & AC	59.53
		3	Sally Brown T47	Charnwood A C	68.21
		4	Katie Nesbitt T20	City of Norwich AC	70.24
Parallel Success Race Running FINAL		1	Hannah Dines F33	U/A	19.78
		2	Rafeek Solaiman T33	U/A	20.54
		3	Ellie Simpson T32	y Of Sheffield And Dearne Ac	21.43
		4	Abbie Hunnisett F32	Weir Archer Academy	31.21
Parallel Success Seated Club FINAL		1	Robert Allerston F32	Liverpool Harriers & AC	19.45
		2	Bethan Griffiths F32	Cheltenham & Cty Harriers	16.66
		3	Kieran Steer F51	Fife AC	13.48
		4	Abbie Hunnisett F32	Weir Archer Academy	12.32
		5	Kirsty Soutar F32	Red Star AC	11.05
Parallel Success Seated Discus FINAL		1	Dave Watson F56	Invictus	20.33
		2	Caroline Buckle (Invictus)	U/A	15.15
		3	Ian Wood F57	City of York AC	8.02
		4	Kirsty Soutar F32	Red Star AC	6.96
		5	Sonia Pinheiro F54	Wigan & District H & Ac	6.97
Parallel Success Seated Shot Putt FINAL		1	Dave Watson F56	Invictus	6.06
		2	Caroline Buckle (Invictus)	U/A	5.72
		3	Sonia Pinheiro F54	Wigan & District H & Ac	4.56
		4	Ian Wood F57	City of York AC	2.57
	W/S: -1.7				
Senior Men 100m FINAL		1	Jona Efoloko	Sale Harriers Manchester	10.61
		2	James Williams	Liverpool Harriers & AC	10.78
		3	Ryan Gorman	Notts AC	10.79
		4	Connor Wood	Sale Harriers Manchester	10.86
		5	Ben Shields	y Of Sheffield And Dearne Ac	10.91
		6	Samuel Landsborough	Wirral AC	10.99
		7	Umar Hameed	Sale Harriers Manchester	11.03
	W/S: 0.00				
Heat 01		1	James Williams	Liverpool Harriers & AC	10.89
		2	Ian Fennell	Manchester Harriers & AC	11.14
		3	Rivaldo Brown	Trafford Athletic Club	11.17

		4 Daniel Minto	Derby Athletic Club	11.21
		5 Marcus Overend	Liverpool Harriers & AC	11.27
		6 Ahmed Al-Kufaishi	ough Athletic Club (Mandale)	11.98
		7 Darren Scott	St Helens Sutton AC	12.10
	W/S: -1.8			
Heat 02		1 Jona Efoloko	Sale Harriers Manchester	10.85
		2 Connor Wood	Sale Harriers Manchester	10.88
		3 Andrew Morgan-Harrison	Kingston upon Hull AC	11.03
		4 Dominic Lamb	Spensorough & Dist AC	11.25
		5 Dominic Bradley	Crewe and Nantwich AC	11.33
		6 Tyler Fowles	y Of Sheffield And Dearne Ac	11.86
	W/S: -3.3			
Heat 03		1 Ben Shields	y Of Sheffield And Dearne Ac	11.21
		2 Joseph Cooper	Kingston Upon Hull Ac	11.44
		3 Isaiah Adekanmbi	Achilles Club	11.59
		4 Colin Hornby Jr	Sale Harriers Manchester	11.73
		5 Dominic Bretherton	Blackburn Harriers & AC	11.84
		6 Aidan Leach	Bingley Harriers & Ac	11.88
		7 Jonathan Fields	Hallamshire Harriers Sheffield	12.71
	W/S: -2.3			
Heat 04		1 Samuel Landsborough	Wirral AC	10.96
		2 Umar Hameed	Sale Harriers Manchester	10.98
		3 Sheridan Wilks	Hallamshire Harriers Sheffield	11.28
		4 Charles Burke	Manchester Harriers & AC	11.34
		5 Michael Tapa	None	11.51
		6 David Kapenda	Liverpool Harriers & Ac	12.30
	W/S: -1.1			
Heat 05		1 Ryan Gorman	Notts AC	10.91
		2 Enzo Madden	Sale Harriers Manchester	11.06
		3 Regan O'Connell	y Of Sheffield And Dearne Ac	11.08
		4 Tom Metcalfe	of Sheffield Union of Students	11.25
		5 Adam Murray	Wakefield District H & AC	11.63
		6 Lewis Paley	None	11.87
	W/S: -1.8			
S/F Heat 01		1 Jona Efoloko	Sale Harriers Manchester	10.85
		2 Connor Wood	Sale Harriers Manchester	10.99
		3 Umar Hameed	Sale Harriers Manchester	11.06
		4 Regan O'Connell	y Of Sheffield And Dearne Ac	11.09
		5 Tom Metcalfe	of Sheffield Union of Students	11.35
		5 Rivaldo Brown	Trafford Athletic Club	11.35
		7 Charles Burke	Manchester Harriers & AC	11.45
		8 Adam Murray	Wakefield District H & AC	11.45
S/F Heat 02	W/S: -1.4	1 James Williams	Liverpool Harriers & AC	10.97
		2 Andrew Morgan-Harrison	Kingston upon Hull AC	11.02
		3 Ben Shields	y Of Sheffield And Dearne Ac	11.03
		4 Enzo Madden	Sale Harriers Manchester	11.13
		5 Sheridan Wilks	Hallamshire Harriers Sheffield	11.35
		6 Dominic Lamb	Spensorough & Dist AC	11.50
		7 Colin Hornby Jr	Sale Harriers Manchester	11.83

S/F Heat 03	W/S: -0.9	1	Ryan Gorman	Notts AC	10.82
		2	Samuel Landsborough	Wirral AC	10.96
		3	Ian Fennell	Manchester Harriers & AC	11.18
		4	Joseph Cooper	Kingston Upon Hull Ac	11.29
		5	Daniel Minto	Derby Athletic Club	11.32
		6	Dominic Bradley	Crewe and Nantwich AC	11.46
		7	Marcus Overend	Liverpool Harriers & AC	11.47
		8	Isaiah Adekanmbi	Achilles Club	11.49
Senior Men 110m Hurdles FINAL	W/S: -4.2	1	Rivaldo Brown	Trafford Athletic Club	15.52
		2	Michael Copeland	Wyke Of Sheffield And Dearne Ac	15.58
		3	Curtis Mitchell	Preston Harriers	16.26
		4	George Orton	Holmfirth Harriers Ac	16.51
		5	Matthew Harrison	Leeds City Athletic Club	21.58
		6	William Seed	Cleethorpes And District Ac	22.20
Senior Men 1500m FINAL		1	Jethro McGraw	Wyke And Erewash Athletic Club	3:57.03
		2	Tommy Horton	Hallamshire Harriers Sheffield	3:57.54
		3	David Horniman	Trafford Athletic Club	3:57.90
		4	Thomas Griffiths	St Helens Sutton Ac	4:00.73
		5	David Devine	Liverpool Harriers & AC	4:01.03
		6	Daniel Bebbington	Preston Harriers	4:02.14
		7	Jack Nixon	Stockport Harriers & Ac	4:04.07
		8	Ryan Moore	Vale Royal Ac	4:06.66
		9	Harry Powell	Kingston upon Hull AC	4:06.86
		10	Grant Anderson	Stockport Harriers & Ac	4:07.08
		11	Thomas Rogerson	Liverpool Harriers & Ac	4:11.41
		12	Kieran Reay	Birtley AC	4:11.45
Heat 01		1	Jethro McGraw	Wyke And Erewash Athletic Club	4:00.49
		2	Tommy Horton	Hallamshire Harriers Sheffield	4:00.77
		3	Thomas Griffiths	St Helens Sutton Ac	4:00.83
		4	Daniel Bebbington	Preston Harriers	4:00.84
		5	Thomas Rogerson	Liverpool Harriers & Ac	4:01.11
		6	Ryan Moore	Vale Royal Ac	4:02.47
		7	Harry Powell	Kingston upon Hull AC	4:03.07
		8	Aaron Jarvis	Liverpool Harriers & AC	4:10.73
		9	Ryan Whiston	Liverpool Harriers & AC	4:29.79
		10	Josh Betteley	Vale Royal AC	4:34.74
Heat 02		1	David Horniman	Trafford Athletic Club	4:01.36
		2	David Devine	Liverpool Harriers & AC	4:01.53
		3	Grant Anderson	Stockport Harriers & Ac	4:01.60
		4	Jack Nixon	Stockport Harriers & Ac	4:01.77
		5	Kieran Reay	Birtley AC	4:01.93
		6	Stephen Garrett	Manx Harriers	4:06.02
		7	Harry Foster	Kendal Amateur Athletic Club	4:07.65
		8	Chris Fance	Warrington A C	4:14.27
		9	Simon Bolland	Spensborough & Dist AC	4:18.51
		10	Jack Gladman T38	Stevenage & N Herts AC	4:38.03

Senior Men 3000m Steeplechase FINAL		1	Daniel Eckersley	ingston AC And Poly Harriers	9:19.19
		2	Mohamed Abshir	Leeds City Athletic Club	9:56.16
		3	Lee Athersmith	Wharfedale Harriers	10:02.77
		4	George Lewis	shire Harriers & Tameside AC	11:14.23
		5	Matthew Harrison	Leeds City Athletic Club	13:28.28
Senior Men 400m FINAL		1	Adam Walker-Khan	Birchfield Harriers	47.39
		2	Reece Middleton	City of York AC	48.35
		3	Reece Ingley	Trafford Athletic Club	49.21
		4	Calvin Hohn-Zeo	y Of Sheffield And Dearne Ac	49.65
		5	Mark Collier	Liverpool Harriers & AC	50.38
		6	Justin Cooper	Gateshead Harriers & AC	50.73
Heat 01		1	Matthew Pagan	Shaftesbury Barnet Harriers	49.67
		2	Mark Collier	Liverpool Harriers & AC	49.97
		3	Calvin Hohn-Zeo	y Of Sheffield And Dearne Ac	50.05
		4	Jacob Lingard	Sale Harriers Manchester	51.04
		5	Thomas Grantham	y Of Sheffield And Dearne Ac	51.89
Heat 02		1	Adam Walker-Khan	Birchfield Harriers	49.02
		2	Reece Ingley	Trafford Athletic Club	50.06
		3	Justin Cooper	Gateshead Harriers & AC	50.85
		4	Taf Nyaku	Leeds City Athletic Club	52.25
		5	Ewan Somerville	of Sheffield Union of Students	52.57
		6	Thomas Croft	Liverpool Harriers & AC	55.98
Heat 03		1	Reece Middleton	City of York AC	49.26
		2	Danny Higham	ool Pembroke & Sefton H AC	49.76
		3	Joshua Ingham	Preston Harriers	50.91
		4	Jacob Harman	Holmfirth Harriers AC	51.71
		5	James Greenhalgh	West Norfolk AC	52.15
		6	Demetric Nelson	Bingley Harriers & AC	57.09
Senior Men 5000m FINAL		1	Dominic Shaw	New Marske Harriers Club	14:49.43
		2	James Douglas	Border Harriers & AC	14:59.13
		3	Alan Corlett	Manx Harriers	15:02.57
		4	Gregory Jayasuriya	sbrough & Cleveland Harriers	15:10.13
		5	Matt Barnes	Sale Harriers Manchester	15:10.53
		6	William Rawson	Leigh Harriers & AC	15:11.47
		7	Daniel Kestrel	Rotherham Harriers and AC	15:21.95
		8	Grant Cunliffe	Rossendale Harriers & AC	15:23.13
		9	Joseph Johnston	Rossendale Harriers & AC	15:27.32
		10	Thomas Drabble	Stockport Harriers & Ac	15:30.20
		11	Aidan Johnson	Rotherham Harriers And Ac	15:36.43
		12	Gareth Sampson	Rotherham Harriers And Ac	15:49.15
		13	Tommy Harrison	Bolton United Harriers & AC	15:52.06
		14	Guy Bracken	orth Shields Polytechnic Club	15:53.78
		15	Ethan James Godridge	Barnsley Athletic Club	15:55.41
		16	Arron Larkin	Rotherham Harriers and AC	16:00.78

		17	Michael Mannings	Oldham & Royton H & AC	16:01.62	
		18	Joseph Crossfield	Halifax Harriers & AC	16:09.67	
		19	Philip Hoole	Rotherham Harriers and AC	16:27.74	
		20	Gary Crompton	Scunthorpe & District Ac	16:29.73	
		21	Tom Greaves	Warrington Road Runners	16:30.79	
Senior Men Hammer FINAL		1	Michael Bomba	Liverpool Harriers & Ac	63.38	
		2	Ross Douglas	Charnwood A C	56.75	
		3	Anthony Gillatt	Scunthorpe & District Ac	50.64	
		4	Jason Robinson	Derby Athletic Club	49.13	
		5	John Twiddle	Kingston upon Hull AC	41.19	
		6	Chris Walker	North Shields Polytechnic Club	31.61	
Senior Men High Jump FINAL		1	Tom Hughes	Hallamshire Harriers Sheffield	1.93	
		2	Michael Hartley	Liverpool Harriers & AC	1.88	
Senior Men Shot Putt FINAL		1	Arturas Gurklys	City of Sheffield and Dearne AC	16.80	
		2	Craig Sturrock	Thames Valley Harriers	15.24	
		3	Daniel Brunt	City Of Sheffield And Dearne Ac	13.22	
		4	Fraser Wright	Gateshead Harriers & Ac	13.10	
		5	John Nicholls	Sale Harriers Manchester	12.89	
		6	John Twiddle	Kingston upon Hull AC	12.00	
		7	Anthony Gillatt	Scunthorpe & District Ac	11.03	
Senior Men Triple Jump FINAL		1	Jonathan Ferryman	Sale Harriers Manchester	13.94	+0.4
		2	Daniel Walsh	Gateshead Harriers & AC	13.53	+1.0
	W/S: -3.1					
Senior Women 100m FINAL		1	Katy Wyper	Blackpool Wyre & Fylde AC	12.01	
		2	Danielle McGifford	Wigan & District H & AC	12.17	
		3	Jess Taylor-Jemmett	Sale Harriers Manchester	12.26	
		4	Rachel Bell	Cleethorpes and District AC	12.46	
		5	Sophie Money	Liverpool Harriers & AC	12.51	
		6	Megan Hault	Kingston Upon Hull Ac	12.70	
		7	Amanda Shaw	Wakefield District H & AC	12.70	
	W/S: +0.0					
Heat 01		1	Katy Wyper	Blackpool Wyre & Fylde AC	11.88	
		2	Jess Taylor-Jemmett	Sale Harriers Manchester	12.05	
		3	Sophie Money	Liverpool Harriers & AC	12.38	
		4	Alice McMahon	West Cheshire Athletic Club	12.49	
		5	Amanda Shaw	Wakefield District H & AC	12.50	
		6	Hannah Bird	Barnsley Athletic Club	12.57	
		7	Laura Mole	North Shields Polytechnic Club	13.66	
	W/S: -3.6					
Heat 02		1	Danielle McGifford	Wigan & District H & AC	12.31	
		2	Rachel Bell	Cleethorpes and District AC	12.53	

		3	Megan Houlst	Kingston Upon Hull Ac	12.58
		4	Abigail Bishell	City Of Sheffield And Dearne Ac	12.76
		5	Ash Colvin	Liverpool Harriers & AC	13.01
		6	Hayaat Bah-Traore	Sale Harriers Manchester	13.30
		7	Louisa Cole	Preston Harriers	13.93
	W/S: -1.2				
Senior Women 100m Hurdles FINAL		1	Danielle McGifford	Wigan & District H & AC	13.88
		2	Chelsea Walker	City of York AC	14.14
		3	Karla Drew	Southampton AC	14.24
		4	Jess Taylor-Jemmett	Sale Harriers Manchester	14.34
		5	Lisa Revitt	Doncaster Athletic Club	15.08
		6	Sonia Santos	Kingston upon Hull AC	15.78
	W/S: -3.1				
Heat 01		1	Jess Taylor-Jemmett	Sale Harriers Manchester	14.61
		2	Karla Drew	Southampton AC	14.61
		3	Suzanne Palmer	City Of Sheffield And Dearne Ac	15.60
		4	Sonia Santos	Kingston upon Hull AC	16.05
		5	Katy Robinson	City Of Sheffield And Dearne Ac	16.54
	W/S: -2.8				
Heat 02		1	Danielle McGifford	Wigan & District H & AC	14.61
		2	Chelsea Walker	City of York AC	14.75
		3	Lisa Revitt	Doncaster Athletic Club	15.69
		4	Chloe Esegbona	Trafford Athletic Club	15.92
Senior Women 1500m FINAL		1	Rachael Franklin	Manx Harriers	4:23.68
		2	Jenna Hill	Sale Harriers Manchester	4:24.83
		3	Lucy Robinson	Wakefield District H & AC	4:25.22
		4	Sinead Bent	Trafford Athletic Club	4:27.33
		5	Rochelle Harrison	Coln Wellington Athletic Club	4:30.83
		6	Zara Knappy	Rotherham Harriers and AC	4:31.21
		7	Natasha Hatswell	Rotherham Harriers and AC	4:34.77
		8	Lydia Turner	Birtley Ac	4:36.33
		9	Louise Rudd	Stockport Harriers & AC	4:41.05
		10	Ruby Sykes	Holmfirth Harriers AC	4:42.64
		11	Abbie Oliver	Liverpool Harriers & AC	4:48.84
		12	Eleanor Curran	City Of Sheffield And Dearne Ac	4:52.10
		13	Kerry Padley	Scunthorpe & District AC	6:02.57
Senior Women 400m FINAL		1	Louise Royston	Halifax Harriers & AC	56.48
		2	Nisha Desai	Trafford Athletic Club	57.01
		3	Charlotte Stamp	City of York AC	57.66
		4	Rachael Scott	Wigan & District H & AC	57.85
		5	Racheal Larkin	Wakefield District H & AC	58.88
		6	Katie Eckersley	Bolton United Harriers & AC	60.16
		7	Heather Carson	City Of Sheffield Union of Students	61.29
		8	Sophie Warden	Preston Harriers	65.23
Heat 01		1	Louise Royston	Halifax Harriers & AC	56.63
		2	Nisha Desai	Trafford Athletic Club	57.73
		3	Katie Eckersley	Bolton United Harriers & AC	59.66

		4	Sophie Warden	Preston Harriers	60.32	
		5	Rebecca Walkden	Wigan & District H & AC	62.26	
Heat 02		1	Charlotte Stamp	City of York AC	58.12	
		2	Rachael Scott	Wigan & District H & AC	58.42	
		3	Racheal Larkin	Wakefield District H & AC	59.38	
		4	Heather Carson	of Sheffield Union of Students	59.80	
Senior Women Hammer FINAL		1	Jessica Mayho	Birchfield Harriers	60.27	
		2	Alice Barnsdale	icoln Wellington Athletic Club	56.38	
		3	Maggie Okul	Kingston upon Hull AC	51.44	
		4	Jenna Wheatman	Scarborough Athletic Club	49.47	
		5	Caitlin Price	Liverpool Harriers & Ac	45.39	
		6	Hollee Walker	Sale Harriers Manchester	32.35	
Senior Women High Jump FINAL		1	Hollie Smith	Liverpool Harriers & AC	1.68	
		2	Ella Widdop-Gray	Thames Valley Harriers	1.65	
		3	Ellie Pullin	Notts AC	1.60	
Senior Women Shot Putt FINAL		1	Sophie Littlemore	Gateshead Harriers & AC	13.83	
		2	Christina Nick	City of York AC	13.04	
		3	Jess Taylor-Jemmett	Sale Harriers Manchester	13.01	
		4	Sabrina Fortune T/F20	Deeside AC	12.88	
		5	Toni Buckingham	Barnsley Athletic Club	12.54	
		6	Lucy Holmes	Wakefield District H & Ac	12.25	
		7	Rebecca Hall	Nene Valley Harriers	12.20	
		8	Suzanne Palmer	y Of Sheffield And Dearne Ac	11.56	
		9	Katy Robinson	y Of Sheffield And Dearne Ac	10.09	
		10	Anna Nicholson F35	Gateshead Harriers & AC	7.44	
		11	Millie Forrest F37	Wigan & District H & Ac	7.42	
		12	Cathy Booth F37	Chesterfield & District AC	5.15	
Senior Women Triple Jump FINAL		1	Michelle Robbins-Hulse	Trafford Athletic Club	12.06	+1.5
		2	Joanna Lawler-Rhodes	Bingley Harriers & AC	11.46	+1.7
		3	Letisha Richardson	Slough Eton & Hounslow Ac	11.37	+1.7
	W/S: -2.0					
Under 20 Men 100m FINAL		1	Joe Ferguson	Leeds City Athletic Club	10.97	
		2	Alexander Philip Marsden	Preston Harriers	11.20	
		3	Edward Lake	City Of York Ac	11.30	
		4	Sagesse Nguie	Trafford Athletic Club	11.34	
		5	George Reed	Preston Harriers	11.84	
		6	David Morgan-Harrison	Kingston upon Hull AC	11.90	
		7	Kyle Walton	Shildon R&AC	11.99	
		8	Daniel Afolabi	Sale Harriers Manchester	17.97	
	W/S: -4.2					
Under 20 Men 110m Hurdles FINAL		1	Adam Coles	Kingston upon Hull AC	15.86	
Under 20 Men 1500m FINAL		1	Cameron Bell	Hallamshire Harriers Sheffield	3:55.81	
		2	Ethan Hussey	Leeds City Athletic Club	3:56.33	

		3	Tiarnan Crorken	Preston Harriers	3:57.13	
		4	Daniel Preston	Liverpool Harriers & AC	3:57.31	
		5	Ben Lee	Vale Royal AC	3:58.29	
		6	Mark Bostock	Wakefield District H & AC	3:58.84	
		7	Cameron Weaver	Vale Royal AC	3:59.27	
		8	Jake Lonsdale	Preston Harriers	4:00.79	
		9	Joseph Ford	Liverpool Harriers & AC	4:01.03	
		10	Xavier OHare	Trafford Athletic Club	4:04.19	
		11	Matthew Hill	Wakefield District H & Ac	4:04.78	
		12	Ryan Watmough	Keighley & Craven AC	4:06.21	
		13	Harry MacKenzie	Grimsby Harriers & AC	4:07.21	
		14	Tom Barrett	Keighley & Craven Ac	4:07.29	
Under 20 Men Discus FINAL		1	Joe Martin	City of York AC	43.72	
		2	Joshua Tranmer	Kingston Upon Hull Ac	42.88	
		3	Jordan Kelly	Stockport Harriers & AC	36.00	
		4	William Schofield	Sale Harriers Manchester	35.76	
Under 20 Men Javelin FINAL		1	Thomas Padley	Scunthorpe & District Ac	33.30	
Under 20 Men Long Jump FINAL		1	Callum Orange	Leeds City Athletic Club	6.93	+1.8
		2	Luke Southerton	Sale Harriers Manchester	6.37	+2.0
		3	Adam Coles	Kingston upon Hull AC	6.25	+1.4
Under 20 Men Pole Vault FINAL		1	Christopher Lamb	Wigan & District H & AC	4.33	
	W/S: -2.2					
Under 20 Women 100m FINAL		1	Hannah Kelly	Bolton United Harriers & AC	11.96	
		2	Rachel Bennett	Shildon R&AC	12.28	
		3	Leonie Ashmeade	Wakefield District H & AC	12.31	
		4	Layla Bell	ough Athletic Club (Mandale)	12.58	
		5	Philippa Baxter	City of York AC	12.72	
		6	Kelly Chadwick	Sale Harriers Manchester	12.73	
		7	Ava McGuckian	Preston Harriers	13.22	
		8	Gabrielle Whittle	Kingston upon Hull AC	13.54	
	W/S: -2.6					
Under 20 Women 100m Hurdles FINAL		1	Grace Bower	Sale Harriers Manchester	14.87	
		2	Amy Carter	ough Athletic Club (Mandale)	14.87	
		3	Venus Morgan	Kingston Upon Hull Ac	15.66	
Under 20 Women 1500m FINAL		1	Lucy-erin Hunter	Darlington H & AC	4:41.12	
		2	Emily Lowery	Macclesfield Harriers & Ac	4:43.81	
		3	Rhian Purves	Gosforth Harriers & AC	4:47.21	
		4	Louisa Whittingham	Macclesfield Harriers & AC	4:51.90	
		5	Jessica Rogers	Blackpool Wyre & Fylde AC	4:53.52	
		6	Chloe Dooley	Vale Royal AC	4:55.82	
Under 20 Women 400m FINAL	CBP	1	Natasha Harrison	Stockport Harriers & AC	55.03	
		2	Emily Strickland	Scunthorpe & District AC	57.26	
		3	Ella Maxwell	ough Athletic Club (Mandale)	58.61	
		4	Olivia Smith	Wigan & District H & AC	62.10	

Under 20 Women Discus FINAL		1	Bronte Jones	City Of Sheffield And Dearne Ac	39.27	
		2	Freya Dooner	Wigan & District H & AC	37.53	
		3	Georgia Kyle	Blaydon Harriers & AC	37.39	
		4	Jessica Hirst	Halifax Harriers & AC	34.64	
		5	Emily Stewart T/F38	Gateshead Harriers & AC	18.58	
		6	Amy Thompson F40	Challenge Disability Sports Club	12.23	
Under 20 Women Javelin FINAL		1	Leah Hillman	Pendle Athletic Club	40.15	
		2	Harriet Cannell	Kingston upon Hull AC	34.09	
		3	Gemma Barnsdale	Lincoln Wellington Athletic Club	27.90	
		4	Rebecca Lister	Leeds City Athletic Club	23.73	
		99	Emma Howe (U18)	West Cheshire Athletic Club	43.14	(500g)
Under 20 Women Long Jump FINAL		1	Amy Rolfe	City of York AC	5.67	0.00
		2	Grace Bower	Sale Harriers Manchester	5.65	+2.6
		3	Kelly Chadwick	Sale Harriers Manchester	5.48	-0.6
		4	Venus Morgan	Kingston Upon Hull Ac	5.39	0.00
		5	Jasmine Allen	Nene Valley Harriers	4.92	+2.1
		6	Rebecca Lister	Leeds City Athletic Club	4.92	-0.4
		7	Evie Miller	Leeds City Athletic Club (Mandale)	4.48	+0.2
		8	Emily Stewart T/F38	Gateshead Harriers & AC	3.54	+0.9
Under 20 Women Triple Jump FINAL		1	Holly Smith	Liverpool Harriers & AC	11.85	0.0
		2	Rebecca Keen	Sale Harriers Manchester	11.26	0.0
		3	Grace Plater	Leeds City Athletic Club	10.91	0.0
		4	Katie Shingler	Wigan & District H & Ac	10.66	0.0
		5	Evie Miller	Leeds City Athletic Club (Mandale)	10.34	0.0