

Division 4 Match 4 -

				Perf	Record	Wind	AW	4 August 2018				
				Perf	Record	Wind	AW					
Men's 100m A				Wind=				Men's 100m B				Wind=
1	4	DALVIN CYRUS	LONGWOOD HARRIERS AC	11.6				1	44	MICHAEL McGOWAN	LONGWOOD HARRIERS AC	11.6
2	1	KIAN RIPLEY	BOSTON & DISTRICT AC	12.0				2	33	Michael Burr	GRANTHAM AC	12.2
3	8	Bradley Wyman	WORKSOP HARRIERS AC	12.4				3	11	LEWIS FARRELL	BOSTON & DISTRICT AC	12.9
4	3	Jack Graham	GRANTHAM AC	12.5				4	77	Jack Kinnear	PONTEFRACT AC	13.6
5	5	Marc Scott	NEWARK AC	12.7				5	66	John Lawcock	PENISTONE FP RUNNERS	15.0
6	7	Robert Williams	PONTEFRACT AC	13.2				6	88	Christopher Duncan	WORKSOP HARRIERS AC	16.1
7	6	Charlie Skipper	PENISTONE FP RUNNERS	13.5				7				
8								8				
Men's 200m A				Wind=				Men's 200m B				Wind=
1	4	LEI VANN MCGILLVARY	LONGWOOD HARRIERS AC	24.3				1	44	MICHAEL McGOWAN	LONGWOOD HARRIERS AC	24.7
2	5	James Scott	NEWARK AC	25.0				2	77	Cameron Howes	PONTEFRACT AC	26.2
3	7	Anthony Bowyer	PONTEFRACT AC	25.2				3	55	Marc Scott	NEWARK AC	26.6
4	8	Bradley Wyman	WORKSOP HARRIERS AC	26.5				4	33	Joe Holmes	GRANTHAM AC	26.9
5	3	Jack Graham	GRANTHAM AC	26.6				5	11	LEWIS FARRELL	BOSTON & DISTRICT AC	27.4
6	1	KIAN RIPLEY	BOSTON & DISTRICT AC	26.8				6	66	Paul Fryers	PENISTONE FP RUNNERS	31.7
7	6	Charlie Skipper	PENISTONE FP RUNNERS	28.0				7				
8								8				
Men's 400m A								Men's 400m B				
1	4	LEI VANN MCGILLVARY	LONGWOOD HARRIERS AC	54.2				1	33	Joe Holmes	GRANTHAM AC	58.7
2	5	James Scott	NEWARK AC	54.9				2	11	STEVEN BARNETT	BOSTON & DISTRICT AC	59.9
3	3	Gareth Lee	GRANTHAM AC	55.2				3	66	Charlie Skipper	PENISTONE FP RUNNERS	60.2
4	7	Anthony Bowyer	PONTEFRACT AC	55.5				4	55	Graham Moffatt	NEWARK AC	62.0
5	8	George Earle	WORKSOP HARRIERS AC	60.8				5	77	David Kidd	PONTEFRACT AC	62.5
6	1	JAMES ROARK	BOSTON & DISTRICT AC	66.3				6	44	CRAIG MITCHELL	LONGWOOD HARRIERS AC	70.2
7	6	Gareth Cooke	PENISTONE FP RUNNERS	73.4				7	88	Christopher Duncan	WORKSOP HARRIERS AC	72.5
8	2	RORY CUNLIFFE	BRADFORD AIREDALE AC	75.6				8				
Men's 800m A								Men's 800m B				
1	3	Gareth Lee	GRANTHAM AC	02:12.1				1	33	Rori Rodell	GRANTHAM AC	02:13.1
2	1	AIDAN McCLURE	BOSTON & DISTRICT AC	02:14.6				2	77	Anthony Bowyer	PONTEFRACT AC	02:30.8
3	5	Marc Scott	NEWARK AC	02:17.8				3	44	CRAIG MITCHELL	LONGWOOD HARRIERS AC	02:44.9
4	4	ELLIOT THOMPSON	LONGWOOD HARRIERS AC	02:22.3				4	66	Gary Dean	PENISTONE FP RUNNERS	02:51.0
5	6	Gareth Cooke	PENISTONE FP RUNNERS	02:31.5				5				
6	7	Kevin Waite	PONTEFRACT AC	02:48.9				6				
7	2	RORY CUNLIFFE	BRADFORD AIREDALE AC	02:50.9				7				
8								8				
Men's 1500m A								Men's 1500m B				
1	5	Marc Scott	NEWARK AC	04:38.4				1	55	Tim Bagguley	NEWARK AC	04:45.9
2	2	MATT NOWELL	BRADFORD AIREDALE AC	04:38.8				2	77	David Kidd	PONTEFRACT AC	05:11.2
3	3	Rori Rodell	GRANTHAM AC	04:49.7				3	66	Tom Fryers	PENISTONE FP RUNNERS	05:43.1
4	1	AIDAN McCLURE	BOSTON & DISTRICT AC	05:05.8				4	11	OWEN MSIMANGO	BOSTON & DISTRICT AC	06:02.6
5	7	Kevin Waite	PONTEFRACT AC	05:10.1				5	44	JIM McCORMACK	LONGWOOD HARRIERS AC	08:51.0
6	4	CRAIG MITCHELL	LONGWOOD HARRIERS AC	05:12.7				6				
7	6	John Lawcock	PENISTONE FP RUNNERS	05:26.0				7				
8								8				
Men's 3000m S/Chase A								Men's 3000m S/Chase B				
1	7	Steve Lowe	PONTEFRACT AC	10:48.:7				1	5	Tim Bagguley	NEWARK AC	11:16.3
2	55	Graham Moffatt	NEWARK AC	11:08.1	X			2	11	JAMES ROARK	BOSTON & DISTRICT AC	12:15.8
3	1	AIDAN McCLURE	BOSTON & DISTRICT AC	11:39.3				3	66	Lee Hopkins	PENISTONE FP RUNNERS	14:01.3
4	4	JOSH ELDERFIELD	LONGWOOD HARRIERS AC	12:51.7				4				
5	6	Paul Fryers	PENISTONE FP RUNNERS	13:20.8				5				
6	3	Sam Bainbridge	GRANTHAM AC	15:12.6				6				
7								7				
8								8				

Division 4 Match 4 -

Men's 5000m A

	Perf	Record	Wind	AW
1	6	Gareth Cooke	PENISTONE FP RUNNERS	16:59.3
2	7	Steve Lowe	PONTEFRACT AC	17:22.2
3	4	ROB LIHOU	LONGWOOD HARRIERS AC	17:24.5
4	1	AIDAN McCLURE	BOSTON & DISTRICT AC	17:29.4
5	2	MATT NOWELL	BRADFORD AIREDALE AC	17:40.6
6	3	Arthur Short	GRANTHAM AC	23:38.0
7				
8				

Men's 400m Hurdles A

1	5	James Scott	NEWARK AC	62.7	<input checked="" type="checkbox"/>
2	1	STEVEN BARNETT	BOSTON & DISTRICT AC	66.2	
3	6	Charlie Skipper	PENISTONE FP RUNNERS	73.8	
4	8	Christopher Duncan	WORKSOP HARRIERS AC	83.6	
5					
6					
7					
8					

Men's 110m Hurdles A

	Wind=			
1	1	OLLIE TIANNINEN	BOSTON & DISTRICT AC	20.0
2	7	Will Carter	PONTEFRACT AC	22.2
3	11	JAMES ROARK	BOSTON & DISTRICT AC	25.0
4				
5				
6				
7				
8				

Men's Hammer A

1	3	Christopher Bainbridge	GRANTHAM AC	52.13	<input checked="" type="checkbox"/>
2	4	CHRIS SAMPSON	LONGWOOD HARRIERS AC	33.74	<input checked="" type="checkbox"/>
3	5	Craig Rodwell	NEWARK AC	32.74	<input checked="" type="checkbox"/>
4	2	CHRIS HAINSWORTH	BRADFORD AIREDALE AC	21.15	<input type="checkbox"/>
5	1	JAMES ROARK	BOSTON & DISTRICT AC	19.77	<input type="checkbox"/>
6	77	Richard Howes	PONTEFRACT AC	19.01	<input type="checkbox"/>
7	6	John Lawcock	PENISTONE FP RUNNERS	14.14	<input type="checkbox"/>
8	8	Phil Carratt	WORKSOP HARRIERS AC	13.36	<input type="checkbox"/>

Men's Discus A

1	3	Christopher Bainbridge	GRANTHAM AC	39.06	<input checked="" type="checkbox"/>
2	1	JAMES ROARK	BOSTON & DISTRICT AC	29.93	<input checked="" type="checkbox"/>
3	5	Craig Rodwell	NEWARK AC	29.45	<input checked="" type="checkbox"/>
4	7	Will Carter	PONTEFRACT AC	28.81	<input checked="" type="checkbox"/>
5	4	CHRIS SAMPSON	LONGWOOD HARRIERS AC	22.96	<input type="checkbox"/>
6	66	Paul Fryers	PENISTONE FP RUNNERS	20.73	<input type="checkbox"/>
7	2	CHRIS HAINSWORTH	BRADFORD AIREDALE AC	20.48	<input type="checkbox"/>
8	8	Phil Carratt	WORKSOP HARRIERS AC	18.69	<input type="checkbox"/>

Men's Javelin A

1	3	Christopher Bainbridge	GRANTHAM AC	47.37	<input checked="" type="checkbox"/>
2	7	Will Carter	PONTEFRACT AC	39.30	<input checked="" type="checkbox"/>
3	5	James Scott	NEWARK AC	32.11	<input type="checkbox"/>
4	11	OLLIE TIANNINEN	BOSTON & DISTRICT AC	29.00	<input type="checkbox"/>
5	8	George Earle	WORKSOP HARRIERS AC	24.89	<input type="checkbox"/>
6	4	CHRIS SAMPSON	LONGWOOD HARRIERS AC	21.22	<input type="checkbox"/>
7	2	CHRIS HAINSWORTH	BRADFORD AIREDALE AC	19.31	<input type="checkbox"/>
8	66	Lee Hopkins	PENISTONE FP RUNNERS	18.98	<input type="checkbox"/>

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Men's 5000m B

	Perf	Wind	AW	
1	77	David Kidd	PONTEFRACT AC	18:40.0
2	66	Gary Dean	PENISTONE FP RUNNERS	20:46.4
3	22	RORY CUNLIFFE	BRADFORD AIREDALE AC	23:23.0
4	11	OWEN MSIMANGO	BOSTON & DISTRICT AC	24:14.0
5				
6				
7				
8				

Men's 400m Hurdles B

1	11	AIDAN McCLURE	BOSTON & DISTRICT AC	71.8
2	55	Graham Moffatt	NEWARK AC	72.9
3	66	Lee Hopkins	PENISTONE FP RUNNERS	83.6
4				
5				
6				
7				
8				

Men's 110m Hurdles B

	Wind=			
1				
2				
3				
4				
5				
6				
7				
8				

Men's Hammer B

1	33	Philip Garner	GRANTHAM AC	31.86	<input checked="" type="checkbox"/>
2	7	Will Carter	PONTEFRACT AC	16.62	<input type="checkbox"/>
3	11	OLLIE TIANNINEN	BOSTON & DISTRICT AC	15.79	<input type="checkbox"/>
4	66	Paul Fryers	PENISTONE FP RUNNERS	14.11	<input type="checkbox"/>
5					<input type="checkbox"/>
6					<input type="checkbox"/>
7					<input type="checkbox"/>
8					<input type="checkbox"/>

Men's Discus B

1	33	Philip Garner	GRANTHAM AC	25.47	<input type="checkbox"/>
2	77	Richard Howes	PONTEFRACT AC	22.66	<input type="checkbox"/>
3	55	James Scott	NEWARK AC	21.96	<input type="checkbox"/>
4	44	MICHAEL McGOWAN	LONGWOOD HARRIERS AC	19.67	<input type="checkbox"/>
5	11	STEVEN BARNETT	BOSTON & DISTRICT AC	19.43	<input type="checkbox"/>
6	6	John Lawcock	PENISTONE FP RUNNERS	16.48	<input type="checkbox"/>
7					<input type="checkbox"/>
8					<input type="checkbox"/>

Men's Javelin B

1	33	Joe Holmes	GRANTHAM AC	37.69	<input checked="" type="checkbox"/>
2	77	Richard Howes	PONTEFRACT AC	35.67	<input type="checkbox"/>
3	1	JAMES ROARK	BOSTON & DISTRICT AC	26.22	<input type="checkbox"/>
4	55	Tim Bagguley	NEWARK AC	22.72	<input type="checkbox"/>
5	88	Christopher Duncan	WORKSOP HARRIERS AC	19.68	<input type="checkbox"/>
6	6	Gareth Cooke	PENISTONE FP RUNNERS	15.37	<input type="checkbox"/>
7					<input type="checkbox"/>
8					<input type="checkbox"/>

Division 4 Match 4 -

				4 August 2018							
	Perf	Record	Wind	AW		Perf	Wind	AW			
<u>Men's Shot Putt A</u>				<u>Men's Shot Putt B</u>							
1	3	Christopher Bainbridge	GRANTHAM AC	11.85	<input checked="" type="checkbox"/>	1	33	Mark Atkin	GRANTHAM AC	9.95	<input type="checkbox"/>
2	7	Will Carter	PONTEFRACT AC	9.12	<input type="checkbox"/>	2	77	Richard Howes	PONTEFRACT AC	8.08	<input type="checkbox"/>
3	4	CHRIS SAMPSON	LONGWOOD HARRIERS AC	8.93	<input type="checkbox"/>	3	8	Phil Carratt	WORKSOP HARRIERS AC	6.44	<input type="checkbox"/>
4	1	JAMES ROARK	BOSTON & DISTRICT AC	8.88	<input type="checkbox"/>	4	11	STEVEN BARNETT	BOSTON & DISTRICT AC	6.19	<input type="checkbox"/>
5	5	Craig Rodwell	NEWARK AC	8.86	<input type="checkbox"/>	5	44	CRAIG MITCHELL	LONGWOOD HARRIERS AC	6.08	<input type="checkbox"/>
6	2	CHRIS HAINSWORTH	BRADFORD AIREDALE AC	7.87	<input type="checkbox"/>	6	6	John Lawcock	PENISTONE FP RUNNERS	5.92	<input type="checkbox"/>
7	88	Christopher Duncan	WORKSOP HARRIERS AC	6.86	<input type="checkbox"/>	7					<input type="checkbox"/>
8	66	Matthew Coldwell	PENISTONE FP RUNNERS	6.25	<input type="checkbox"/>	8					<input type="checkbox"/>

Men's Long Jump A

1	3	Michael Burr	GRANTHAM AC	6.09	<input checked="" type="checkbox"/>	1	33	Jack Graham	GRANTHAM AC	5.34	<input type="checkbox"/>
2	7	Cameron Howes	PONTEFRACT AC	5.43	<input type="checkbox"/>	2	1	LEWIS FARRELL	BOSTON & DISTRICT AC	4.59	<input type="checkbox"/>
3	11	OLLIE TIANNINEN	BOSTON & DISTRICT AC	5.27	<input type="checkbox"/>	3	77	Jack Kinnear	PONTEFRACT AC	4.40	<input type="checkbox"/>
4	8	Bradley Wyman	WORKSOP HARRIERS AC	5.24	<input type="checkbox"/>	4	66	Lee Hopkins	PENISTONE FP RUNNERS	3.99	<input type="checkbox"/>
5	4	DALVIN CYRUS	LONGWOOD HARRIERS AC	4.71	<input type="checkbox"/>	5	44	MICHAEL MCGOWAN	LONGWOOD HARRIERS AC	3.21	<input type="checkbox"/>
6	5	Marc Scott	NEWARK AC	4.68	<input type="checkbox"/>	6					<input type="checkbox"/>
7	6	Paul Fryers	PENISTONE FP RUNNERS	4.20	<input type="checkbox"/>	7					<input type="checkbox"/>
8					<input type="checkbox"/>	8					<input type="checkbox"/>

Men's Long Jump B

Men's Triple Jump A

1	3	Michael Burr	GRANTHAM AC	12.57	<input checked="" type="checkbox"/>	1	33	Mark Atkin	GRANTHAM AC	10.95	<input type="checkbox"/>
2	1	OLLIE TIANNINEN	BOSTON & DISTRICT AC	11.15	<input type="checkbox"/>	2	11	STEVEN BARNETT	BOSTON & DISTRICT AC	9.87	<input type="checkbox"/>
3	7	Steve Lowe	PONTEFRACT AC	10.74	<input type="checkbox"/>	3	77	Richard Howes	PONTEFRACT AC	9.72	<input type="checkbox"/>
4	4	ELLIOT THOMPSON	LONGWOOD HARRIERS AC	10.52	<input type="checkbox"/>	4	6	Tom Fryers	PENISTONE FP RUNNERS	9.08	<input type="checkbox"/>
5	66	Paul Fryers	PENISTONE FP RUNNERS	9.34	<input type="checkbox"/>	5					<input type="checkbox"/>
6					<input type="checkbox"/>	6					<input type="checkbox"/>
7					<input type="checkbox"/>	7					<input type="checkbox"/>
8					<input type="checkbox"/>	8					<input type="checkbox"/>

Men's Triple Jump B

Men's High Jump A

1	3	Michael Burr	GRANTHAM AC	1.93	<input checked="" type="checkbox"/>	1	33	Joe Holmes	GRANTHAM AC	1.75	<input checked="" type="checkbox"/>
2	2	HARUN KNIGHT	BRADFORD AIREDALE AC	1.90	<input checked="" type="checkbox"/>	2	11	KIAN RIPLEY	BOSTON & DISTRICT AC	1.50	<input type="checkbox"/>
3	7	Cameron Howes	PONTEFRACT AC	1.85	<input checked="" type="checkbox"/>	3	77	Richard Howes	PONTEFRACT AC	1.40	<input type="checkbox"/>
4	1	AIDAN McCLURE	BOSTON & DISTRICT AC	1.55	<input type="checkbox"/>						
5	4	LEI VANN MCGILLVARY	LONGWOOD HARRIERS AC	1.50	<input type="checkbox"/>						
6	6	Tom Fryers	PENISTONE FP RUNNERS	1.45	<input type="checkbox"/>						

Men's High Jump B

Men's Pole Vault A

Men's Pole Vault B

Men's 4x100m Relay

1	4	LONGWOOD HARRIERS AC	ELLIOT THOMPSON	LEI VANN MCGILLVARY	MICHAEL MCGOWAN	DALVIN CYRUS	47.4
2	1	BOSTON & DISTRICT AC	OLLIE TIANNINEN	STEVEN BARNETT	KIAN RIPLEY	LEWIS FARRELL	49.7
3	3	GRANTHAM AC	Mark Atkin	Jack Graham	Chris Bainbridge	Michael Burr	50.0
4	7	PONTEFRACT AC	Anthony Bowyer	Robert Williams	Jack Kinnear	Will Carter	51.2
5	5	NEWARK AC	James Scott	Marc Scott	Graham Moffatt	Tim Bagguley	52.3
6	6	PENISTONE FP RUNNERS	Charlie Skipper	Lee Hopkins	Paul Fryers	Tom Fryers	59.5
7							
8							

Men's 4x400m Relay

1	3	GRANTHAM AC	Mark Atkin	Rori Rodell	Joe Holmes	Gareth Lee	03:48.6
2	4	LONGWOOD HARRIERS AC	DALVIN CYRUS	ELLIOT THOMPSON	JOSH ELDERFIELD	ROB LIHOU	04:02.3
3	5	NEWARK AC	James Scott	Marc Scott	Graham Moffatt	Tim Bagguley	04:07.8
4	7	PONTEFRACT AC	Anthony Bowyer	Jack Kinnear	Cameron Howes	Will Carter	04:08.6
5	1	BOSTON & DISTRICT AC	OLLIE TIANNINEN	OWEN MSIMANGO	STEVEN BARNETT	AIDAN McCLURE	04:25.2
6	6	PENISTONE FP RUNNERS	Gareth Cooke	Gary Dean	John Lawcock	Charlie Skipper	04:55.7
7							
8							

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	BOSTON		8	446.0	1	BOSTON	8	446.0	
2	GRANTHAM		7	414.0	2	GRANTHAM	7	414.0	
3	LONGWOOD		6	407.0	3	LONGWOOD	6	407.0	
4	PENISTONE		5	376.0	4	PENISTONE	5	376.0	
5	PONTEFRACT		4	336.0	5	PONTEFRACT	4	336.0	
6	NEWARK		3	206.0	6	NEWARK	3	206.0	
7	BRADFORD		2	128.0	7	BRADFORD	2	128.0	
8	WORKSOP		1	121.0	8	WORKSOP	1	121.0	

Division 4 Match 4 -

			Perf	Record	Wind	AW
Women's 100m A						
	Wind=					
1	1	BERNICE WILSON	BOSTON & DISTRICT AC	13.0		<input checked="" type="checkbox"/>
2	7	Tracy Anaman	PONTEFRACT AC	13.2		<input checked="" type="checkbox"/>
3	5	Maya Todd McIntyre	NEWARK AC	14.4		
4	6	Ellie Brightmore	PENISTONE FP RUNNERS	14.8		
5	4	CAITLIN LUNN	LONGWOOD HARRIERS AC	15.0		
6						
7						
8						

			Perf	Record	Wind	AW
Women's 200m A						
	Wind=					
1	1	BERNICE WILSON	BOSTON & DISTRICT AC	27.0		<input checked="" type="checkbox"/>
2	7	Tracy Anaman	PONTEFRACT AC	28.6		
3	8	Savannah Storey	WORKSOP HARRIERS AC	28.9		
4	5	Maya Todd McIntyre	NEWARK AC	29.7		
5	6	Ellie Brightmore	PENISTONE FP RUNNERS	32.0		
6	4	CAITLIN LUNN	LONGWOOD HARRIERS AC	32.3		
7						
8						

			Perf	Record	Wind	AW
Women's 400m A						
1	5	Maya Todd McIntyre	NEWARK AC	62.5		<input checked="" type="checkbox"/>
2	3	Helen Braybrook	GRANTHAM AC	63.4		<input checked="" type="checkbox"/>
3	4	FRANCESCA ROBERTSON	LONGWOOD HARRIERS AC	65.1		
4	6	Ellie Brightmore	PENISTONE FP RUNNERS	71.0		
5	7	Abigail Clegg	PONTEFRACT AC	71.7		
6	1	EMMA PENSON	BOSTON & DISTRICT AC	108.5		
7						
8						

			Perf	Record	Wind	AW
Women's 800m A						
1	3	Helen Braybrook	GRANTHAM AC	02:31.5		
2	4	HELEN ROBY	LONGWOOD HARRIERS AC	02:43.3		
3	7	Victoria Elbeck	PONTEFRACT AC	02:55.5		
4	6	Jill Carlton	PENISTONE FP RUNNERS	03:07.2		
5	2	ANNA SMITH	BRADFORD AIREDALE AC	03:12.8		
6	1	EMMA PENSON	BOSTON & DISTRICT AC	03:51.0		
7						
8						

			Perf	Record	Wind	AW
Women's 1500m A						
1	7	Victoria Elbeck	PONTEFRACT AC	05:53.8		
2	6	Julie Moxon	PENISTONE FP RUNNERS	06:22.2		
3	4	LINDSAY ROBERTS	LONGWOOD HARRIERS AC	06:34.5		
4	2	ANNA SMITH	BRADFORD AIREDALE AC	06:41.0		
5	3	Betty Gash	GRANTHAM AC	06:44.7		
6	1	EMMA PENSON	BOSTON & DISTRICT AC	07:55.7		
7						
8						

			Perf	Record	Wind	AW
Women's 3000m A						
1	5	Rebecca Gallop	NEWARK AC	10:32.8		<input checked="" type="checkbox"/>
2	4	HELEN ROBY	LONGWOOD HARRIERS AC	11:43.9		
3	66	Julia Johnson	PENISTONE FP RUNNERS	13:06.3		
4	7	Jennifer Dews	PONTEFRACT AC	13:36.4		
5	3	Betty Gash	GRANTHAM AC	13:58.9		
6	2	ANNA SMITH	BRADFORD AIREDALE AC	14:05.6		
7	1	EMMA PENSON	BOSTON & DISTRICT AC	16:07.6		
8						

4 August 2018

			Perf	Record	Wind	AW
Women's 100m B						
	Wind=					
1	44	FRANCESCA ROBERTSON	LONGWOOD HARRIERS AC	13.7		
2	11	CLARA DUNBAUIN	BOSTON & DISTRICT AC	14.3		
3	77	Abigail Clegg	PONTEFRACT AC	14.8		
4	66	Harriet Drouin	PENISTONE FP RUNNERS	16.1		
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 200m B						
	Wind=					
1	11	SOPHIE READER	BOSTON & DISTRICT AC	29.9		
2	44	ANNA DMOSZYNSKI	LONGWOOD HARRIERS AC	31.8		
3	77	Abigail Clegg	PONTEFRACT AC	32.5		
4	66	Myfanwy Cross	PENISTONE FP RUNNERS	41.8		
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 400m B						
1	44	ANNA DMOSZYNSKI	LONGWOOD HARRIERS AC	81.1		
2	33	Betty Gash	GRANTHAM AC	88.4		
3	66	Judith Matthews	PENISTONE FP RUNNERS	94.9		
4						
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 800m B						
1	44	HEATHER MITCHELL	LONGWOOD HARRIERS AC	03:04.3		
2	33	Betty Gash	GRANTHAM AC	03:08.5		
3	77	Jennifer Dews	PONTEFRACT AC	03:08.6		
4	66	Judith Matthews	PENISTONE FP RUNNERS	03:28.6		
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 1500m B						
1	44	KAREN MITCHELL	LONGWOOD HARRIERS AC	07:16.7		
2	66	Harriet Drouin	PENISTONE FP RUNNERS	07:25.3		
3						
4						
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 3000m B						
1	6	Jill Carlton	PENISTONE FP RUNNERS	13:30.1		
2	44	LINDSAY ROBERTS	LONGWOOD HARRIERS AC	13:54.6		
3						
4						
5						
6						
7						
8						

Division 4 Match 4 -

			Perf	Record	Wind	AW
Women's 400m Hurdles A						
1	4	FRANCESCA ROBERTSON	LONGWOOD HARRIERS AC	78.4		
2	6	Ellie Brightmore	PENISTONE FP RUNNERS	82.8		
3	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	84.1		
4	66	Julie Moxon	PENISTONE FP RUNNERS	101.0		
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 100m Hurdles A						
1	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	18.4	Wind=	
2	6	Ellie Brightmore	PENISTONE FP RUNNERS	22.2		
3						
4						
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's Hammer A						
1	3	Helen Gilbert	GRANTHAM AC	37.19		<input checked="" type="checkbox"/>
2	1	SOPHIE READER	BOSTON & DISTRICT AC	22.14		<input type="checkbox"/>
3	2	RACHEL SWINGLER	BRADFORD AIREDALE AC	14.72		<input type="checkbox"/>
4	4	SUSANNE PICKERSGILL	LONGWOOD HARRIERS AC	13.81		<input type="checkbox"/>
5	6	Caroline Dean	PENISTONE FP RUNNERS	13.69		<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Discus A						
1	1	SOPHIE READER	BOSTON & DISTRICT AC	24.75		<input type="checkbox"/>
2	33	Sarah Garner	GRANTHAM AC	21.95		<input type="checkbox"/>
3	4	SUSANNE PICKERSGILL	LONGWOOD HARRIERS AC	12.85		<input type="checkbox"/>
4	66	Myfanwy Cross	PENISTONE FP RUNNERS	12.20		<input type="checkbox"/>
5	2	RACHEL SWINGLER	BRADFORD AIREDALE AC	10.59		<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Javelin A						
1	3	Helen Gilbert	GRANTHAM AC	28.50		<input checked="" type="checkbox"/>
2	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	22.35		<input type="checkbox"/>
3	6	Harriet Drouin	PENISTONE FP RUNNERS	13.90		<input type="checkbox"/>
4	4	SUSANNE PICKERSGILL	LONGWOOD HARRIERS AC	13.83		<input type="checkbox"/>
5	2	RACHEL SWINGLER	BRADFORD AIREDALE AC	9.29		<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Shot Putt A						
1	3	Helen Gilbert	GRANTHAM AC	9.67		<input checked="" type="checkbox"/>
2	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	8.39		<input checked="" type="checkbox"/>
3	2	RACHEL SWINGLER	BRADFORD AIREDALE AC	5.83		<input type="checkbox"/>
4	4	SUSANNE PICKERSGILL	LONGWOOD HARRIERS AC	5.71		<input type="checkbox"/>
5	66	Myfanwy Cross	PENISTONE FP RUNNERS	5.58		<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

4 August 2018

			Perf	Record	Wind	AW
Women's 400m Hurdles B						
1						
2						
3						
4	6	Ellie Brightmore	PENISTONE FP RUNNERS			
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's 100m Hurdles B						
1					Wind=	
2						
3						
4						
5						
6						
7						
8						

			Perf	Record	Wind	AW
Women's Hammer B						
1	33	Sarah Garner	GRANTHAM AC	24.23		<input type="checkbox"/>
2	11	EMMA PENSON	BOSTON & DISTRICT AC	13.46		<input type="checkbox"/>
3	66	Harriet Drouin	PENISTONE FP RUNNERS	11.21		<input type="checkbox"/>
4						<input type="checkbox"/>
5						<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Discus B						
1	3	Helen Gilbert	GRANTHAM AC	21.69		<input type="checkbox"/>
2	6	Caroline Dean	PENISTONE FP RUNNERS	11.58		<input type="checkbox"/>
3	11	EMMA PENSON	BOSTON & DISTRICT AC	9.33		<input type="checkbox"/>
4						<input type="checkbox"/>
5						<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Javelin B						
1	11	SOPHIE READER	BOSTON & DISTRICT AC	21.67		<input type="checkbox"/>
2	33	Sarah Garner	GRANTHAM AC	15.20		<input type="checkbox"/>
3	44	CAITLIN LUNN	LONGWOOD HARRIERS AC	12.59		<input type="checkbox"/>
4	66	Myfanwy Cross	PENISTONE FP RUNNERS	9.31		<input type="checkbox"/>
5						<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

			Perf	Record	Wind	AW
Women's Shot Putt B						
1	33	Sarah Garner	GRANTHAM AC	7.41		<input type="checkbox"/>
2	11	SOPHIE READER	BOSTON & DISTRICT AC	6.15		<input type="checkbox"/>
3	6	Caroline Dean	PENISTONE FP RUNNERS	4.55		<input type="checkbox"/>
4						<input type="checkbox"/>
5						<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>

Division 4 Match 4 -

			Perf	Record	Wind	AW
<u>Women's Long Jump A</u>						
1	8	Savannah Storey	WORKSOP HARRIERS AC	4.83		☑
2	7	Tracy Anaman	PONTEFRACT AC	4.44	📄	
3	6	Ellie Brightmore	PENISTONE FP RUNNERS	4.23	📄	
4	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	4.18	📄	
5	4	FRANCESCA ROBERTSON	LONGWOOD HARRIERS AC	3.92	📄	
6					📄	
7					📄	
8					📄	

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			Perf	Wind	AW
<u>Women's Long Jump B</u>					
1	11	CLARA DUNBAUIN	BOSTON & DISTRICT AC	3.82	📄
2	66	Harriet Drouin	PENISTONE FP RUNNERS	3.23	📄
3	44	ANNA DMOSZYNSKI	LONGWOOD HARRIERS AC	2.97	📄
4					📄
5					📄
6					📄
7					📄
8					📄

Women's Triple Jump A

1	8	Savannah Storey	WORKSOP HARRIERS AC	9.67		☑
2	4	FRANCESCA ROBERTSON	LONGWOOD HARRIERS AC	9.47	📄	
3	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	9.30	📄	
4					📄	
5					📄	
6					📄	
7					📄	
8					📄	

Women's Triple Jump B

1					📄
2					📄
3					📄
4					📄
5					📄
6					📄
7					📄
8					📄

Women's High Jump A

1	1	FRANCES NUTTELL	BOSTON & DISTRICT AC	1.45	📄
2	6	Ellie Brightmore	PENISTONE FP RUNNERS	1.35	📄
3	3	Hele Braybrook	GRANTHAM AC	1.35	📄
4	4	CAITLIN LUNN	LONGWOOD HARRIERS AC	1.10	📄

Women's High Jump B

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Women's Pole Vault A

Women's Pole Vault B

Women's 4x100m Relay

1	4	LONGWOOD HARRIERS AC	CAITLIN LUNN	FRANCESCA ROBERTSON	HEATHER MITCHELL	SUSANNE PICKERSGILL	64.3
2	6	PENISTONE FP RUNNERS	Myfanwy Cross	Harriet Drouin	Judith Matthews	Julie Moxon	75.2
3							
4							
5							
6							
7							
8							

Women's 4x400m Relay

1	4	LONGWOOD HARRIERS AC	KAREN MITCHELL	LINDSAY ROBERTS	ANNA DMOSZYNSKI	FRANCESCA ROBERTSON	05:39.0
2	6	PENISTONE FP RUNNERS	Jill Carlton	Myfanwy Cross	Julia Johnson	Julie Moxon	06:06.2
3							
4							
5							
6							
7							
8							

Division 4 Match 4 -

Women's 100m Non Scoring

Wind=

Perf

Record

Wind

AW

1	
2	
3	
4	
5	
6	
7	
8	

Womens 1500m Steeplechase

1	
2	
3	
4	
5	
6	
7	
8	

4 August 2018

Women's 100m Non Scoring

Wind=

Perf

Wind

AW

1	
2	
3	
4	
5	
6	
7	
8	

Division 4 Match 4 -

Saturday, 4 August 2018

Events	BOSTON	BRADFORD	GRANTHAM	LONGWOOD	NEWARK	PENISTONE	PONTEFRAC	WORKSOP	UNUSED	TOTAL										
Men's 100m	9	6	7	7	11	9	6	4	4	5	5	8	3	3	3	53	37			
Men's 200m	5	4	6	5	11	9	9	6	4	3	8	7	7	3	3	53	37			
Men's 400m	5	7	3	8	9	11	3	9	5	4	6	7	4	6	2	1	53	37		
Men's 800m	9	4	11	9	7	6	8	6	5	5	7			3	10	53	37			
Men's 1500m	7	5	9	8	5	4	11	9	4	6	6	7		3	6	53	37			
Men's 3000m S/Chase	8	7	5	7		9	9	6	6	11				7	15	53	37			
Men's 5000m	7	5	6	6	5	8		11	7	9	9			7	10	53	37			
Men's 400m Hurdles	9	9				11	7	8	6			7		18	15	53	37			
Men's 110m Hurdles	11								9					33	37	53	37			
Men's Hammer	6	6	7	11	9	9	8	4	5	5	7	3			10	53	37			
Men's Discus	9	4	4	11	9	6	5	8	6	5	3	7	7	3		3	53	37		
Men's Javelin	7	6	4	11	9	5	8	5	3	3	9	7	6	4		3	53	37		
Men's Shot Putt	7	5	5	11	9	8	4	6	3	3	9	7	4	6		3	53	37		
Men's Long Jump	8	7	11	9	6	4	5	4	5	9	6	7		3	6	53	37			
Men's Triple Jump	9	7	11	9	7			6	5	8	6			12	10	53	37			
Men's High Jump	7	7	9	11	9	6		5		8	6			7	15	53	37			
Men's Pole Vault																				
Men's 4x100m Relay	9		8	11		6		5		7				7	37	53	37			
Men's 4x400m Relay	6		11	9		8		5		7				7	37	53	37			
	138	85	51	6	146	93	127	44	112	47	87	67	129	85	51	15	113	224	954	666

Women's 100m	11	7				6	9	8	7	5	9	6			12	10	53	37		
Women's 200m	11	9				5	7	7	6	5	9	6	8		7	10	53	37		
Women's 400m	5		9	7	8	9	11	7	6	6					7	15	53	37		
Women's 800m	5		6	11	7	9	9	7	5	8	6				7	10	53	37		
Women's 1500m	5	7	6	8	9			9	7	11					7	21	53	37		
Women's 1500m S/Chase																				
Women's 3000m	4	5	6	9	7	11	8	9	7						3	21	53	37		
Women's 400m Hurdles	8			11				9	5						25	32	53	37		
Women's 100m Hurdles	11							9							33	37	53	37		
Women's Hammer	9	7	8	11	9	7		6	6						12	15	53	37		
Women's Discus	11	6	6	9	9	8		7	7						12	15	53	37		
Women's Javelin	9	9	6	11	7	7	6	8	5						12	10	53	37		
Women's Shot Putt	9	7	8	11	9	7		6	6						12	15	53	37		
Women's Long Jump	7	9		6	6			8	7	9		11			12	15	53	37		
Women's Triple Jump	8			9								11			25	37	53	37		
Women's High Jump	11		8	7				9							18	37	53	37		
Women's Pole Vault																				
Women's 4x100m Relay				11				9							33	37	53	37		
Women's 4x400m Relay				11				9							33	37	53	37		
	124	54	46	82	48	129	62	37	124	73	59	18	30		270	374	901	629		

Match Summary	BOSTON	BRADFORD	GRANTHAM	LONGWOOD	NEWARK	PENISTONE	PONTEFRAC	WORKSOP	UNUSED	TOTAL
Teams	401.0	103.0	369.0	362.0	196.0	351.0	291.0	96.0	981.0	3150.0
Officials Points	45.0	25.0	45.0	45.0	10.0	25.0	45.0	25.0	265.0	530.0
Total	446.0	128.0	414.0	407.0	206.0	376.0	336.0	121.0	1246.0	3680.0
Match Position	1	7	2	3	6	4	5	8		
League Points	8	2	7	6	3	5	4	1		

Standings	BOSTON	BRADFORD	GRANTHAM	LONGWOOD	NEWARK	PENISTONE	PONTEFRAC	WORKSOP
League Points	8.0	2.0	7.0	6.0	3.0	5.0	4.0	1.0
Match Points	446.0	128.0	414.0	407.0	206.0	376.0	336.0	121.0
League Positions	1	7	2	3	6	4	5	8