

M 100m A

1 Demetric Nelson	BNG	11.3
2 Matthew Osborne	BUH	11.4
3 James Blackburn	B&P	11.9
4 Mark Gilmer	LDS	12.1
5 Danny Mathews	U20 ECH	12.4
6 Joseph Grace	SPN	12.6

M 100m B

1 Matthew Chambers	BNG	11.7
2 Jermaine Thompson	ECH	11.9
3 David Wallace	B&P	12.2
4 Oliver Carter	SPN	13.3
5 James Whitfield	U17 BUH	DNF

M 200m A

1 Demetric Nelson	BNG	23.0
2 Matthew Osborne	BUH	23.2
3 Tom Roberts	LDS	24.4
4 David Wallace	B&P	24.6
5 Joseph Grace	SPN	26.2
6 Danny Mathews	U20 ECH	30.2

M 200m B

1 Harrison Foster	BNG	23.1
2 Jermaine Thompson	ECH	23.9
3 Mark Gilmer	LDS	24.5
4 Chris Eckersley	BUH	25.8
5 Carl Foulstone	SPN	26.2

M 400m A

1 Jake Littlehales	U20 ECH	51.5
2 Dan Brownbill	LDS	52.1
3 David Wallace	B&P	52.9
4 Sam Gough	BUH	53.6
5 Matthew Chambers	BNG	54.5
6 Joseph Grace	SPN	60.8

M 400m B

1 Mark Gilmer	LDS	52.8
2 Andy Hartshorne	ECH	53.5
3 Chris Eckersley	BUH	55.1
4 Adam Butterworth	U20 B&P	57.7
5 Eyob Huruy	BNG	58.0
6 Christopher Hampson	SPN	60.4

M 800m A

1 Dale Worton	LDS	1.56.7
2 Jake Littlehales	U20 ECH	1.58.3
3 Ryan Dransfield	SPN	1.59.3
4 Frazer Jardine	BUH	2.05.3
5 Jack Thorp	BNG	2.05.9
6 Josh Duffy	U20 B&P	2.08.0

M 800m B

1 Nick Hooker	LDS	1.56.1
2 Carl Foulstone	SPN	2.05.2
3 Sam Gough	BUH	2.08.2
4 Adam Butterworth	U20 B&P	2.09.5
5 Jack Donnelly	U17 ECH	2.09.5
6 Eyob Huruy	BNG	2.14.2

M 1500m A

1 Nick Hooker	LDS	3.59.5
2 Tony Valentine	BUH	4.04.3
3 Marc Hartley	B&P	4.05.6
4 Ben Marriot	BNG	4.11.6
5 Joe Hudak	U20 ECH	4.20.1
6 Joshua Woodcock Shaw	SPN	4.28.2

M 1500m B

1 Darren Middleton	LDS	4.03.7
2 Frazer Jardine	BUH	4.20.0
3 James Hill	U17 ECH	4.36.7
4 Simon Bolland	SPN	4.40.0

M 5000m A

1 Alan Buckley	LDS	14.59.0
2 Tony Valentine	BUH	15.56.7
3 Marc Hartley	B&P	16.04.3
4 Chris Edwin	BNG	16.37.5
5 Kevin Ogden	SPN	16.50.5
6 Gary Mathews	ECH	17.08.5

M 5000m B

1 Mike Burrett	LDS	15.34.7
2 Steve Robinson	ECH	17.42.1
3 Ian Bowles	BUH	17.58.5
4 Ian Ogden	SPN	20.18.2

M 110mH A

1 Oliver Robinson	BNG	18.3
2 Tom Lindsay	LDS	19.7
3 Ian Bowles	BUH	20.9
4 Gavin Brown	ECH	29.9

M 110mH B

1 Scott Whittle	BUH	21.1
2 Danny Crosby	BNG	21.2

M 400mH A		M 400mH B	
1 Oliver Robinson	BNG 54.1	1 Scott Whittle	BUH 62.0
2 Tom Roberts	LDS 60.0	2 Gavin Brown	ECH 71.9
3 Ian Bowles	BUH 64.8		
4 Bikash Deb	U20 ECH 77.0		
M 3000m SC A		M 3000m SC B	
1 Marc Hartley	B&P 10.27.9	1 Josh Duffy	B&P 11.00.8
2 James Shaw	ECH 10.48.3	2 Michael Fagg	U17 ECH 12.27.2
3 Keith McGhie	SPN 11.45.7		
M Discus Throw A		M Discus Throw B	
1 Matt Allison	LDS 40.30	1 Alan Plumb	B&P 27.68
2 John Nicholson	BUH 32.18	2 Danny Crosby	BNG 26.20
3 Jason Scott	BNG 29.41	3 Robert Makin	BUH 26.17
4 Lerroy Golding	B&P 28.90	4 Brian Lockley	ECH 20.89
5 Pete Ditchfield	ECH 24.54	5 Dave Giblin	SPN 11.99
6 Toby Apsindle	SPN 21.91		
M Hammer Throw A		M Hammer Throw B	
1 Jason Scott	BNG 33.54	1 Alan Plumb	B&P 25.74
2 John Edwards	B&P 32.49	2 Pete Ditchfield	ECH 23.64
3 Brian Lockley	ECH 29.60	3 Shaun O'Donnell	BUH 21.96
4 John Nicholson	BUH 23.89		
5 Dave Giblin	SPN 21.11		
6 Martin Horbury	LDS 8.41		
M High Jump A		M High Jump B	
1 Brian Hall	BUH 1.90	1 Steve Linsell	LDS 1.80
2 James Heaton	LDS 1.75	2 Ian Bowles	BUH 1.75
3 James Blackburn	U20 B&P 1.70	3 Nicholas Robinson	BNG 1.45
4 James Hill	U17 ECH 1.65	4=Gavin Brown	ECH 1.40
5 Danny Crosby	BNG 1.50	4=Marc Hartley	B&P 1.40
M Javelin Throw A		M Javelin Throw B	
1 Matt Allison	LDS 54.54	1 Sam Allan	LDS 53.58
2 Robert Makin	BUH 46.28	2 Martin Wall	B&P 38.33
3 Zac Child	U20 B&P 43.01	3 Pete Ditchfield	ECH 32.14
4 Andy Hartshorne	ECH 32.21	4 John Nicholson	BUH 27.65
5 Jason Scott	BNG 27.65	5 Nicholas Robinson	BNG 24.33
6 Christopher Hampson	SPN 26.53	6 Joshua Woodcock Shaw	U20 SPN 22.57
M Long Jump A		M Long Jump B	
1 Matthew Osborne	BUH 6.79	1 Brian Hall	BUH 5.77
2 James Blackburn	U20 B&P 5.86	2 Matt Allison	LDS 5.13
3 Tom Lindsay	LDS 5.84	3 Josh Duffy	U20 B&P 4.83
4 Danny Crosby	BNG 5.27	4 Jason Scott	BNG 4.72
5 Liam Banks Carr	U20 ECH 4.82	5 Jack Donnelly	U20 ECH 4.64
6 Joshua Woodcock Shaw	U20 SPN 4.05	6 Carl Foulstone	SPN 3.36

M Pole Vault A

1 Nicholas Robinson BNG 3.60
2 Tom Lindsay LDS 2.90

M Pole Vault B

No competitors

M Shot Putt A

1 Matt Allison LDS 12.78
2 John Nicholson BUH 10.53
3 Alan Plumb B&P 10.39
4 Jason Scott BNG 9.22
5 Pete Ditchfield ECH 9.17
6 Toby Apsindle SPN 7.69

M Shot Putt B

1 Robert Makin U17 BUH 9.82
2 Zac Child U20 B&P 9.55
3 Keith Daniel BNG 9.06
4 Tom Lindsay LDS 8.40
5 Brian Lockley ECH 6.80
6 Dave Giblin SPN 5.95

M Triple Jump A

1 Matthew Osborne BUH 12.92
2 James Blackburn B&P 12.67
3 Julien Gittens LDS 12.25
4 Matthew Chambers BNG 12.09
5 Liam Banks Carr U20 ECH 10.99

M Triple Jump B

1 Brian Hall BUH 11.80
2 Tom Lindsay LDS 11.77
3 Danny Crosby BNG 10.89
4 James Hill U17 ECH 10.20

W 100m A

1 Rebecca O'Keefe BUH 12.8
2 Heidi Hopwood U17 ECH 12.9
3 Chloe Holden Wilson BNG 13.1
4 Naana Adusei LDS 13.2
5 Sasha Craig U20 SPN 13.2
6 Laura Martin U20 B&P 13.6

W 100m B

1 Katy Marchant U20 LDS 13.4
2 Danielle Roach U20 SPN 13.6
3 Katie Eckersley BUH 13.7
4 Wendy Andrews ECH 14.2

W 200m A

1 Sasha Craig U20 SPN 26.4
2 Chloe Holden Wilson BNG 26.6
3 Rebecca O'Keefe BUH 26.7
4 Naana Adusei LDS 26.8
5 Beth Hirst ECH 27.5
6 Laura Martin U20 B&P 28.0

W 200m B

1 Danielle Roach U20 SPN 27.6
2 Amy Marchant LDS 27.9
3 Olivia McGreavy BUH 28.9
4 Emma Ogden BNG 30.9
5 Wendy Andrews ECH DNF

W 400m A

1 Katie Reynolds U20 ECH 60.1
2 Katie Eckersley BUH 60.2
3 Sheryl Punter LDS 60.3
4 Danielle Roach U20 SPN 61.7
5 Amy Howard BNG 76.2

W 400m B

1 Rebecca O'Keefe BUH 65.7
2 Katherine Davis U20 SPN 67.7
3 Lydia McQuiston U17 BNG 72.3
4 Phoebe Hartshorne U17 ECH 77.1

W 800m A

1 Jennifer Walsh U20 SPN 2.12.6
2 Sarah Hudak ECH 2.21.0
3 Sheryl Punter LDS 2.21.2

W 800m B

1 Sarah Roberts U20 SPN 2.34.3
2 Phoebe Hartshorne U17 ECH 3.16.0

W 1500m A

1 Jennifer Walsh	U20	SPN	4.34.2
2 Sarah Hudak		ECH	4.49.5
3 Rachel Dyson		LDS	4.53.7
4 Carly Robertson		BNG	4.58.6
5 Caroline Scholes		BUH	5.50.6

W 1500m B

1 Holly Teague		ECH	5.11.2
2 Jenna Killock		BNG	5.26.0
3 Sarah Whitley		LDS	5.42.1
4 Becky Rowlands		SPN	5.56.1

W 3000m A

1 Sarah Whitley		LDS	11.42.7
2 Caroline Scholes		BUH	12.00.3
3 Sol Carera		BNG	12.05.9
4 Stella Boam		ECH	12.10.9
5 Jacky Carter		SPN	13.50.9

W 3000m B

1 Victoria Hartshorne		ECH	12.48.4
2 Katie Phillips		BNG	14.37.6
3 Heather Mitchell		SPN	14.38.6

W 100mH A

1 Katy Marchant		LDS	15.4
2 Olivia McGreavy		BUH	18.9
3 Phillipa Medley		BNG	19.4

W 100mH B

1 Amy Marchant		LDS	15.7
2 Emma Ogden		BNG	22.2

W 400mH A

1 Helena Leathley	U17	B&P	68.2
2 Olivia McGreavy		BUH	68.2
3 Fran Coldwell	U20	LDS	72.5
4 Phillipa Medley		BNG	80.1

W 400mH B

1 Emma Ogden		BNG	93.6
2 Ilse Hemming		BUH	94.4

W 1500m SC A

No competitors

W 1500m SC B

No competitors

W Discus Throw A

1 Amy Howard		BNG	33.58
2 Angela Lockley		ECH	30.86
3 Carly Fisher Beanland		SPN	25.76
4 Fran Coldwell	U20	LDS	19.72
5 Olivia McGreavy		BUH	18.50
6 Eleanor Markindale		B&P	17.84

W Discus Throw B

1 Janine Crosby		BNG	31.93
2 Collette Donald		ECH	16.32
3 Rebecca O'Keefe		BUH	16.01
4 Stacey Evenden		LDS	14.88
5 Chelsea Mitchell	U17	SPN	14.11

W Hammer Throw A

1 Alice Simpson		LDS	48.17
2 Jessica Mayo		BNG	46.98
3 Angela Lockley		ECH	41.15
4 Carly Fisher Beanland		SPN	34.41
5 Chris Makin		BUH	17.55
6 Eleanor Markindale		B&P	5.85

W Hammer Throw B

1 Adanna Okeahialam		BNG	46.21
2 Stacey Evenden	U20	LDS	31.79
3 Shiela Bolland		SPN	19.51
4 Collette Donald		ECH	16.16
5 Lesley Harwood		BUH	9.63

W High Jump A

1 Amy Marchant	LDS	1.65
2 Laura Alford	ECH	1.45
3 Harriet Pickles	BNG	1.40
4 Helena Leathley	B&P	1.35
5 Sarah Roberts	U20 SPN	1.30
6 Ilse Hemming	BUH	1.20

W High Jump B

1 Jenny Lumley	LDS	1.60
2 Heidi Hopwood	ECH	1.40
3 Emma Ogden	BNG	1.30
4 Chelsea Mitchell	U17 SPN	1.15
5 Chloe Clarkson	BUH	1.15

W Javelin Throw A

1 Sarah Roberts	U20 SPN	43.30
2 Amy Marchant	LDS	34.36
3 Harriet Pickles	BNG	30.48
4 Eleanor Markindale	B&P	27.94
5 Leah Owen	U20 ECH	25.00
6 Ilse Hemming	BUH	17.20

W Javelin Throw B

1 Jenny Lumley	LDS	33.67
2 Emma Jones	BNG	29.77
3 Chelsea Mitchell	U17 SPN	18.61
4 Collette Donald	ECH	16.17
5 Olivia McGreavy	BUH	7.03

W Long Jump A

1 Katie Reynolds	U20 ECH	5.00
2 Katherine James	BNG	4.93
3 Fran Coldwell	LDS	4.93
4 Sarah Roberts	U20 SPN	4.80
5 Helena Leathley	U17 B&P	4.50
6 Ilse Hemming	BUH	4.00

W Long Jump B

1 Beth Hirst	U20 ECH	4.82
2 Harriet Pickles	BNG	4.81
3 Sasha Craig	U20 SPN	4.57
4 Chloe Clarkson	U17 BUH	3.99

W Pole Vault A

1 Anna Spence	U20 LDS	2.50
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W Pole Vault B

No competitors

W Shot Putt A

1 Chelsea Mitchell	U17 SPN	10.37
2 Jenny Lumley	LDS	10.28
3 Angela Lockley	ECH	8.89
4 Janine Crosby	BNG	8.69
5 Eleanor Markindale	B&P	7.90
6 Chris Makin	BUH	6.66

W Shot Putt B

1 Katy Marchant	LDS	10.10
2 Carly Fisher Beanland	SPN	8.82
3 Laura Alford	U17 ECH	7.21
4 Jessica Mayo	BNG	6.67
5 Ilse Hemming	BUH	6.18

W Triple Jump A

1 Beth Hirst	U20 ECH	10.03
2 Lydia McQuiston	U17 BNG	9.82
3 Laura Martin	U20 B&P	9.81
4 Chloe Clarkson	BUH	7.96

W Triple Jump B

1 Amy Howard	BNG	9.09
2 Holly Teague	ECH	8.87
3 Ilse Hemming	BUH	7.71

W 4x100m Relay

1 LDS 51.8	1 Amy Marchant		2 Fran Coldwell
	3 Naana Adusei		4 Katy Marchant
2 BUH 52.7	1 Chloe Clarkson	U17	2 Rebecca O'Keefe
	3 Olivia McGreavy		4 Katie Eckersley
3 ECH 53.5	1 Leah Owen	U20	2 Beth Hirst
	3 Gabriella Guanierri	U17	4 Heidi Hopwood
4 BNG 54.6	1 Lydia McQuiston	U17	2 Chloe Holden Wilson
	3 Phillipa Medley	U20	4 Harriet Pickles
5 SPN 75.0	1 Jennifer Walsh	U20	2 Carly Fisher Beanland
	3 Amanda Pearson		4 Jacky Carter

W 4x400m Relay

1 LDS 4.10.2	1 Sheryl Punter		2 Amy Marchant
	3 Jenny Lumley		4 Katy Marchant
2 SPN 4.15.2	1 Katherine Davis	U20	2 Danielle Roach
	3 Sarah Roberts	U20	4 Jennifer Walsh
3 BUH 4.20.2	1 Olivia McGreavy		2 Chloe Clarkson
	3 Rebecca O'Keefe		4 Katie Eckersley
4 ECH 4.25.9	1 Sarah Hudak		2 Victoria Hartshorne
	3 Beth Hirst	U20	4 Katie Reynolds
5 BNG 5.02.5	1 Chloe Holden Wilson	U17	2 Katie Phillips
	3 Lydia McQuiston	U17	4 Phillipa Medley

M 4x100m Relay

1 BNG 43.8	1 Demetric Nelson		2 Oliver Robinson
	3 Harrison Foster		4 Matthew Chambers
2 BUH 46.0	1 Sam Gough		2 Chris Eckersley
	3 Scott Whittle		4 Matthew Osborne
3 LDS 46.6	1 Tom Lindsay		2 Dan Brownbill
	3 Tom Roberts		4 Mark Gilmer
4 ECH 46.8	1 Bikash Deb	U20	2 Jake Littlehales U20
	3 Jermaine Thompson		4 Andy Hartshorne
5 SPN 50.1	1 Toby Apsindle		2 Ryan Dransfield U20
	3 Christopher Hampson U20		4 Joseph Grace

M 4x400m Relay

1	BNG	3.30.5	1	Harrison Foster	2	Ben Marriot	
			3	Jack Thorp	4	Oliver Robinson	
2	LDS	3.31.1	1	Dan Brownbill	2	Dale Worton	
			3	Tom Roberts	4	Mark Gilmer	
3	ECH	3.36.5	1	Jermaine Thompson	2	Andy Hartshorne	
			3	Joe Hudak	4	Jake Littlehales	U20
4	BUH	3.40.8	1	Sam Gough	2	Chris Eckersley	
			3	Scott Whittle	4	Frazer Jardine	
5	SPN	3.48.6	1	Ryan Dransfield	2	Carl Foulstone	U20
			3	Simon Bolland	4	Joshua Woodcock Shaw	U20
6	B&P	3.51.4	1	Josh Duffy	2	Zac Child	U20
			3	Adam Butterworth	4	James Blackburn	U20

MATCH RESULT

LEAGUE STANDINGS

	Event	Lge		Event	Lge	
1	LDS	391	6	1 Leeds City AC	391	6
2	BNG	355	5	2 Bingley Harriers & AC	355	5
3	BUH	340	4	3 Bolton United Harriers	340	4
4	ECH	332.5	3	4 East Cheshire & Tame. AC	332.5	3
5	SPN	247	2	5 Spenborough & District AC	247	2
6	B&P	210.5	1	6 Burnley & Pendle	210.5	1

General Comment: No competitors W Pole Vault B, No competitors M Pole Vault B, No competitors

Note(s)

BNG Includes + 30pts,
BUH Includes + 30pts,
B&P Includes + 30pts,
ECH Includes + 30pts,
LDS Includes + 30pts,
SPN Includes + 30pts,