

**Division 4E Match 1 - Stadium 2000, Shildon**

|                                     |   |                      |                    | Perf    | Record | Wind | AW                                  | <b>7 May 2011</b>                   |    |                      |                    | Perf    | Wind | AW                                  |
|-------------------------------------|---|----------------------|--------------------|---------|--------|------|-------------------------------------|-------------------------------------|----|----------------------|--------------------|---------|------|-------------------------------------|
| <b><u>Men's 100m A</u></b>          |   |                      |                    | Wind=   |        |      |                                     | <b><u>Men's 100m B</u></b>          |    |                      |                    | Wind=   |      |                                     |
| 1                                   | 6 | Paul Kilsby          | Richmond & Zetland | 11.8    |        |      |                                     | 1                                   | 66 | Alistair Mair        | Richmond & Zetland | 12.4    |      |                                     |
| 2                                   | 7 | Lea Stephenson       | Tynedale Harriers  | 11.9    |        |      |                                     | 2                                   | 77 | Ian Cowell           | Tynedale Harriers  | 12.9    |      |                                     |
| 3                                   | 4 | Matthew Craig (U20)  | Jarrow & Hebburn   | 12.0    |        |      |                                     | 3                                   | 55 | Mark Armstrong       | M&C / HBR          | 14.4    |      |                                     |
| 4                                   | 3 | Josh Peel            | Houghton Harriers  | 12.8    |        |      |                                     | 4                                   |    |                      |                    |         |      |                                     |
| 5                                   | 5 | Marty Jordan         | M&C / HBR          | 13.2    |        |      |                                     | 5                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 200m A</u></b>          |   |                      |                    | Wind=   |        |      |                                     | <b><u>Men's 200m B</u></b>          |    |                      |                    | Wind=   |      |                                     |
| 1                                   | 6 | Paul Kilsby          | Richmond & Zetland | 24.3    |        |      |                                     | 1                                   | 77 | Adam Pratt           | Tynedale Harriers  | 24.4    |      |                                     |
| 2                                   | 7 | Lea Stephenson       | Tynedale Harriers  | 24.5    |        |      |                                     | 2                                   | 66 | Sam Catchpole (U17)  | Richmond & Zetland | 25.4    |      |                                     |
| 3                                   | 2 | Martyn Simpson       | Heaton Harriers    | 26.3    |        |      |                                     | 3                                   | 55 | Greg Jayasuriya      | M&C / HBR          | 26.9    |      |                                     |
| 4                                   | 5 | Marty Jordan         | M&C / HBR          | 27.1    |        |      |                                     | 4                                   | 22 | Graeme Simpson       | Heaton Harriers    | 30.3    |      |                                     |
| 5                                   | 4 | Matthew Craig (U20)  | Jarrow & Hebburn   | 31.9    |        |      |                                     | 5                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 400m A</u></b>          |   |                      |                    |         |        |      |                                     | <b><u>Men's 400m B</u></b>          |    |                      |                    |         |      |                                     |
| 1                                   | 7 | Lea Stephenson       | Tynedale Harriers  | 51.2    |        |      | <input checked="" type="checkbox"/> | 1                                   | 22 | Graeme Simpson       | Heaton Harriers    | 56.1    |      |                                     |
| 2                                   | 6 | Karl Murray          | Richmond & Zetland | 52.7    |        |      | <input checked="" type="checkbox"/> | 2                                   | 11 | Daniel Balmain (U20) | Blaydon / Elswick  | 58.5    |      |                                     |
| 3                                   | 4 | Tristan Peel (U17)   | Jarrow & Hebburn   | 54.9    |        |      |                                     | 3                                   | 55 | Marty Jordan         | M&C / HBR          | 59.5    |      |                                     |
| 4                                   | 1 | Nick Thompson (U17)  | Blaydon / Elswick  | 57.0    |        |      |                                     | 4                                   | 66 | Sam Wood (U20)       | Richmond & Zetland | 66.5    |      |                                     |
| 5                                   | 5 | Greg Jayasuriya      | M&C / HBR          | 57.3    |        |      |                                     | 5                                   | 33 | Jonny Kirk (U17)     | Houghton Harriers  | 73.2    |      |                                     |
| 6                                   | 2 | Martyn Simpson       | Heaton Harriers    | 57.6    |        |      |                                     | 6                                   |    |                      |                    |         |      |                                     |
| 7                                   | 3 | Thomas Grey (U20)    | Houghton Harriers  | 66.4    |        |      |                                     | 7                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 800m A</u></b>          |   |                      |                    |         |        |      |                                     | <b><u>Men's 800m B</u></b>          |    |                      |                    |         |      |                                     |
| 1                                   | 5 | Matthew Jones (U20)  | M&C / HBR          | 02:00.0 |        |      | <input checked="" type="checkbox"/> | 1                                   | 44 | Tristan Peel (U17)   | Jarrow & Hebburn   | 02:11.0 |      |                                     |
| 2                                   | 7 | Adam Pratt           | Tynedale Harriers  | 02:01.6 |        |      | <input checked="" type="checkbox"/> | 2                                   | 55 | Greg Jayasuriya      | M&C / HBR          | 02:11.7 |      |                                     |
| 3                                   | 6 | Marc Scott           | Richmond & Zetland | 02:06.9 |        |      |                                     | 3                                   | 66 | Ken Harker           | Richmond & Zetland | 02:15.3 |      |                                     |
| 4                                   | 4 | Greg Ritchie         | Jarrow & Hebburn   | 02:12.3 |        |      |                                     | 4                                   | 33 | Jonny Kirk (U17)     | Houghton Harriers  | 02:56.7 |      |                                     |
| 5                                   | 1 | Daniel Balmain (U20) | Blaydon / Elswick  | 02:16.3 |        |      |                                     | 5                                   |    |                      |                    |         |      |                                     |
| 6                                   | 3 | Thomas Grey (U20)    | Houghton Harriers  | 02:24.5 |        |      |                                     | 6                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 1500m A</u></b>         |   |                      |                    |         |        |      |                                     | <b><u>Men's 1500m B</u></b>         |    |                      |                    |         |      |                                     |
| 1                                   | 6 | Doug Roberts         | Richmond & Zetland | 04:15.8 |        |      | <input checked="" type="checkbox"/> | 1                                   | 55 | Mark Armstrong       | M&C / HBR          | 04:44.7 |      | <input checked="" type="checkbox"/> |
| 2                                   | 5 | Chris Rumsey         | M&C / HBR          | 04:24.7 |        |      | <input checked="" type="checkbox"/> | 2                                   | 66 | Chris Peacock        | Richmond & Zetland | 05:00.0 |      | <input checked="" type="checkbox"/> |
| 3                                   | 7 | Balazs Somogyi       | Tynedale Harriers  | 04:43.9 |        |      | <input checked="" type="checkbox"/> | 3                                   |    |                      |                    |         |      |                                     |
| 4                                   | 4 | Mark Bunn (U17)      | Jarrow & Hebburn   | 04:45.6 |        |      | <input checked="" type="checkbox"/> | 4                                   |    |                      |                    |         |      |                                     |
| 5                                   | 2 | Lucas Longman        | Heaton Harriers    | 04:46.7 |        |      | <input checked="" type="checkbox"/> | 5                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 3000m S/Chase A</u></b> |   |                      |                    |         |        |      |                                     | <b><u>Men's 3000m S/Chase B</u></b> |    |                      |                    |         |      |                                     |
| 1                                   | 3 | Thomas Grey (U20)    | Houghton Harriers  | 11:01.2 |        |      | <input checked="" type="checkbox"/> | 1                                   | 33 | Stephen Pearson      | Houghton Harriers  | 13:26.9 |      | <input checked="" type="checkbox"/> |
| 2                                   | 2 | Lucas Longman        | Heaton Harriers    | 11:01.2 |        |      | <input checked="" type="checkbox"/> | 2                                   |    |                      |                    |         |      |                                     |
| 3                                   | 5 | Tom McGrath          | M&C / HBR          | 12:38.7 |        |      | <input checked="" type="checkbox"/> | 3                                   |    |                      |                    |         |      |                                     |
| 4                                   | 4 | Michael Bunn         | Jarrow & Hebburn   | 12:56.5 |        |      | <input checked="" type="checkbox"/> | 4                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 5000m A</u></b>         |   |                      |                    |         |        |      |                                     | <b><u>Men's 5000m B</u></b>         |    |                      |                    |         |      |                                     |
| 1                                   | 5 | Andrew Minister      | M&C / HBR          | 17:31.6 |        |      |                                     | 1                                   | 55 | Kevan Stephenson     | M&C / HBR          | 18:00.7 |      |                                     |
| 2                                   | 7 | Balazs Somogyi       | Tynedale Harriers  | 17:39.9 |        |      |                                     | 2                                   | 66 | Ray Robson           | Richmond & Zetland | 23:21.0 |      |                                     |
| 3                                   | 6 | Tad Zaranko          | Richmond & Zetland | 18:07.1 |        |      |                                     | 3                                   |    |                      |                    |         |      |                                     |
| 4                                   | 2 | Lucas Longman        | Heaton Harriers    | 18:26.7 |        |      |                                     | 4                                   |    |                      |                    |         |      |                                     |
| 5                                   | 1 | Luke Aston           | Blaydon / Elswick  | 18:47.4 |        |      |                                     | 5                                   |    |                      |                    |         |      |                                     |
| <b><u>Men's 400m Hurdles A</u></b>  |   |                      |                    |         |        |      |                                     | <b><u>Men's 400m Hurdles B</u></b>  |    |                      |                    |         |      |                                     |
| 1                                   | 6 | Karl Murray          | Richmond & Zetland | 59.1    |        |      | <input checked="" type="checkbox"/> | 1                                   | 55 | Tom McGrath          | M&C / HBR          | 79.4    |      |                                     |
| 2                                   | 5 | Darren Bunn          | M&C / HBR          | 68.0    |        |      |                                     | 2                                   |    |                      |                    |         |      |                                     |
| 3                                   | 2 | Lucas Longman        | Heaton Harriers    | 75.3    |        |      |                                     | 3                                   |    |                      |                    |         |      |                                     |
| 4                                   | 7 | Ian Cowell           | Tynedale Harriers  | 81.4    |        |      |                                     | 4                                   |    |                      |                    |         |      |                                     |
| 5                                   | 3 | Stephen Pearson      | Houghton Harriers  | 82.8    |        |      |                                     | 5                                   |    |                      |                    |         |      |                                     |

**Division 4E Match 1 - Stadium 2000, Shildon**

**Men's 110m Hurdles A**

|   |   |             |                    |      |      |
|---|---|-------------|--------------------|------|------|
| 1 | 6 | Karl Murray | Richmond & Zetland | Perf | 21.2 |
|---|---|-------------|--------------------|------|------|

**Men's Hammer A**

|   |   |                |                    |       |  |
|---|---|----------------|--------------------|-------|--|
| 1 | 5 | David Dowson   | M&C / HBR          | 40.57 |  |
| 2 | 7 | Richard Hunter | Tynedale Harriers  | 28.57 |  |
| 3 | 3 | Gary Maughan   | Houghton Harriers  | 17.41 |  |
| 4 | 6 | Chris Peacock  | Richmond & Zetland | 13.83 |  |
| 5 | 4 | Alan Wears     | Jarrow & Hebburn   | 8.49  |  |

**Men's Discus A**

|   |   |                     |                    |       |  |
|---|---|---------------------|--------------------|-------|--|
| 1 | 5 | Paul Young          | M&C / HBR          | 29.11 |  |
| 2 | 7 | Richard Hunter      | Tynedale Harriers  | 26.45 |  |
| 3 | 6 | Sam Catchpole (U17) | Richmond & Zetland | 25.41 |  |
| 4 | 2 | Guillaume Zoppi     | Heaton Harriers    | 22.39 |  |
| 5 | 3 | Stephen Pearson     | Houghton Harriers  | 14.67 |  |
| 6 | 4 | Michael Bunn        | Jarrow & Hebburn   | 14.64 |  |

**Men's Javelin A**

|   |   |                 |                    |       |  |
|---|---|-----------------|--------------------|-------|--|
| 1 | 7 | Matt Burns      | Tynedale Harriers  | 43.70 |  |
| 2 | 3 | Karl Horner     | Houghton Harriers  | 42.29 |  |
| 3 | 6 | Paul Kilsby     | Richmond & Zetland | 35.41 |  |
| 4 | 4 | Michael Bunn    | Jarrow & Hebburn   | 30.17 |  |
| 5 | 2 | Guillaume Zoppi | Heaton Harriers    | 28.10 |  |
| 6 | 5 | Gary Hughes     | M&C / HBR          | 23.60 |  |

**Men's Shot Putt A**

|   |    |                 |                    |       |  |
|---|----|-----------------|--------------------|-------|--|
| 1 | 5  | David Dowson    | M&C / HBR          | 14.34 |  |
| 2 | 7  | Richard Hunter  | Tynedale Harriers  | 10.08 |  |
| 3 | 3  | Karl Horner     | Houghton Harriers  | 8.41  |  |
| 4 | 66 | Paul Kilsby     | Richmond & Zetland | 7.23  |  |
| 5 | 2  | Guillaume Zoppi | Heaton Harriers    | 7.04  |  |
| 6 | 4  | Alan Wears      | Jarrow & Hebburn   | 5.78  |  |

**Men's Long Jump A**

|   |    |                      |                    |      |  |
|---|----|----------------------|--------------------|------|--|
| 1 | 6  | Paul Kilsby          | Richmond & Zetland | 5.85 |  |
| 2 | 3  | John Rowan (U20)     | Houghton Harriers  | 5.20 |  |
| 3 | 5  | Darren Bunn          | M&C / HBR          | 5.03 |  |
| 4 | 2  | Martyn Simpson       | Heaton Harriers    | 4.54 |  |
| 5 | 1  | Daniel Balmain (U20) | Blaydon / Elswick  | 4.38 |  |
| 6 | 77 | Ian Cowell           | Tynedale Harriers  | 4.32 |  |
| 7 | 4  | Michael Bunn         | Jarrow & Hebburn   | 3.73 |  |

**Men's Triple Jump A**

|   |    |                     |                    |       |  |
|---|----|---------------------|--------------------|-------|--|
| 1 | 22 | Graeme Simpson      | Heaton Harriers    | 11.99 |  |
| 2 | 6  | Paul Kilsby         | Richmond & Zetland | 11.84 |  |
| 3 | 1  | Nick Thompson (U17) | Blaydon / Elswick  | 11.22 |  |
| 4 | 55 | Marty Jordan        | M&C / HBR          | 8.86  |  |
| 5 | 7  | Ian Cowell          | Tynedale Harriers  | 8.53  |  |
| 6 | 3  | Jonny Kirk (U17)    | Houghton Harriers  | 8.00  |  |

**Men's High Jump A**

|   |    |                     |                    |      |  |
|---|----|---------------------|--------------------|------|--|
| 1 | 2  | Martyn Simpson      | Heaton Harriers    | 1.65 |  |
| 2 | 7  | Matt Burns          | Tynedale Harriers  | 1.60 |  |
| 3 | 1  | Nick Thompson (U17) | Blaydon / Elswick  | 1.55 |  |
| 4 | 3  | John Rowan (U20)    | Houghton Harriers  | 1.50 |  |
| 5 | 5  | Darren Bunn         | M&C / HBR          | 1.45 |  |
| 6 | 66 | Alistair Mair       | Richmond & Zetland | 1.40 |  |

**7 May 2011**

**Men's 110m Hurdles B**

|   |  |  |  |      |  |
|---|--|--|--|------|--|
| 1 |  |  |  | Perf |  |
|---|--|--|--|------|--|

**Men's Hammer B**

|   |    |                 |                   |       |  |
|---|----|-----------------|-------------------|-------|--|
| 1 | 55 | Paul Young      | M&C / HBR         | 26.04 |  |
| 2 | 77 | Ian Cowell      | Tynedale Harriers | 18.93 |  |
| 3 | 33 | Peter Dodsworth | Houghton Harriers | 7.72  |  |
| 4 |    |                 |                   |       |  |
| 5 |    |                 |                   |       |  |

**Men's Discus B**

|   |    |                |                    |       |  |
|---|----|----------------|--------------------|-------|--|
| 1 | 55 | Gary Hughes    | M&C / HBR          | 27.74 |  |
| 2 | 77 | Matt Burns     | Tynedale Harriers  | 21.88 |  |
| 3 | 66 | Doug Roberts   | Richmond & Zetland | 18.59 |  |
| 4 | 22 | Graeme Simpson | Heaton Harriers    | 15.09 |  |
| 5 | 33 | Gary Maughan   | Houghton Harriers  | 14.30 |  |
| 6 | 44 | Alan Wears     | Jarrow & Hebburn   | 13.90 |  |

**Men's Javelin B**

|   |    |                   |                    |       |  |
|---|----|-------------------|--------------------|-------|--|
| 1 | 66 | Marc Scott        | Richmond & Zetland | 26.00 |  |
| 2 | 77 | Ian Cowell        | Tynedale Harriers  | 23.08 |  |
| 3 | 55 | Paul Young        | M&C / HBR          | 21.90 |  |
| 4 | 44 | Alan Wears        | Jarrow & Hebburn   | 18.50 |  |
| 5 | 33 | Thomas Grey (U20) | Houghton Harriers  | 18.39 |  |
| 6 | 22 | Graeme Simpson    | Heaton Harriers    | 12.65 |  |

**Men's Shot Putt B**

|   |    |                  |                    |      |  |
|---|----|------------------|--------------------|------|--|
| 1 | 55 | Gary Hughes      | M&C / HBR          | 9.66 |  |
| 2 | 77 | Matt Burns       | Tynedale Harriers  | 9.00 |  |
| 3 | 33 | John Rowan (U20) | Houghton Harriers  | 6.64 |  |
| 4 | 6  | Chris Peacock    | Richmond & Zetland | 6.01 |  |
| 5 |    |                  |                    |      |  |
| 6 |    |                  |                    |      |  |

**Men's Long Jump B**

|   |    |                   |                    |      |  |
|---|----|-------------------|--------------------|------|--|
| 1 | 55 | Marty Jordan      | M&C / HBR          | 4.55 |  |
| 2 | 22 | Graeme Simpson    | Heaton Harriers    | 4.40 |  |
| 3 | 33 | Thomas Grey (U20) | Houghton Harriers  | 4.35 |  |
| 4 | 7  | Matt Burns        | Tynedale Harriers  | 4.25 |  |
| 5 | 66 | Ray Robson        | Richmond & Zetland | 3.33 |  |
| 6 | 44 | Alan Wears        | Jarrow & Hebburn   | 2.73 |  |
| 7 |    |                   |                    |      |  |

**Men's Triple Jump B**

|   |    |                |                    |       |  |
|---|----|----------------|--------------------|-------|--|
| 1 | 2  | Martyn Simpson | Heaton Harriers    | 11.07 |  |
| 2 | 66 | Sam Wood (U20) | Richmond & Zetland | 7.29  |  |
| 3 |    |                |                    |       |  |
| 4 |    |                |                    |       |  |
| 5 |    |                |                    |       |  |
| 6 |    |                |                    |       |  |

**Men's High Jump B**

|   |    |              |           |      |  |
|---|----|--------------|-----------|------|--|
| 1 | 55 | Marty Jordan | M&C / HBR | 1.45 |  |
|---|----|--------------|-----------|------|--|

**Division 4E Match 1 - Stadium 2000, Shildon**

Perf    Record    Wind    AW

**7 May 2011**

Perf    Wind    AW

**Men's Pole Vault A**

1    7    Richard Hunter    Tynedale Harriers    2.80

**Men's Pole Vault B**

1    77    Ian Cowell    Tynedale Harriers    2.30

**Men's 4x100m Relay**

|   |   |                    |                     |                      |                     |                   |      |
|---|---|--------------------|---------------------|----------------------|---------------------|-------------------|------|
| 1 | 6 | Richmond & Zetland | Paul Kilsby         | Karl Murray          | Sam Catchpole (U17) | Alistair Mair     | 48.4 |
| 2 | 3 | Houghton Harriers  | John Rowan (U20)    | Karl Horner          | Josh Peel           | Thomas Grey (U20) | 51.0 |
| 3 | 5 | M&C / HBR          | Greg Jayasuriya     | Mark Armstrong       | Chris Rumsey        | Marty Jordan      | 52.5 |
| 4 | 2 | Heaton Harriers    | Martyn Simpson      | Graeme Simpson       | Lucas Longman       | Guillaume Zoppi   | 53.8 |
| 5 | 1 | Blaydon / Elswick  | Nick Thompson (U17) | Daniel Balmain (U20) | Simon Evans         | Luke Aston        | 55.1 |

**Men's 4x400m Relay**

|   |   |                    |                    |                 |                 |              |         |
|---|---|--------------------|--------------------|-----------------|-----------------|--------------|---------|
| 1 | 6 | Richmond & Zetland | Doug Roberts       | Ken Harker      | Marc Scott      | Karl Murray  | 03:45.5 |
| 2 | 7 | Tynedale Harriers  | -                  | -               | -               | -            | 03:56.1 |
| 3 | 5 | M&C / HBR          | Marty Jordan       | Greg Jayasuriya | Mark Armstrong  | Chris Rumsey | 03:57.0 |
| 4 | 4 | Jarrow & Hebburn   | Tristan Peel (U17) | Greg Ritchie    | Mark Bunn (U17) | Michael Bunn |         |

**MATCH RESULT**

**League Points**

**Match**

|   |             |   |       |
|---|-------------|---|-------|
| 1 | Richmond    | 7 | 388.0 |
| 2 | M&C / HBR   | 6 | 359.0 |
| 3 | Houghton    | 5 | 322.0 |
| 4 | Tynedale    | 4 | 260.0 |
| 5 | Heaton      | 3 | 229.0 |
| 6 | Blayd / Els | 2 | 224.0 |
| 7 | Jarrow      | 1 | 207.0 |

**STANDINGS**

**League Points**

**Match**

|   |             |   |       |
|---|-------------|---|-------|
| 1 | Richmond    | 7 | 388.0 |
| 2 | M&C / HBR   | 6 | 359.0 |
| 3 | Houghton    | 5 | 322.0 |
| 4 | Tynedale    | 4 | 260.0 |
| 5 | Heaton      | 3 | 229.0 |
| 6 | Blayd / Els | 2 | 224.0 |
| 7 | Jarrow      | 1 | 207.0 |

**Division 4E Match 1 - Stadium 2000, Shildon**

**Women's 100m A**

|   | Perf | Wind= |
|---|------|-------|
| 1 5 Hayley Richardson M&C / HBR                 | 13.7 |       |
| 2 3 Rachel Scott (U17) Houghton Harriers        | 13.7 |       |
| 3 6 Charlotte Dinsdale (U20) Richmond & Zetland | 14.1 |       |
| 4 1 Katie Priestley (U20) Blaydon / Elswick     | 14.3 |       |
| 5 4 Rachel Nicholson (U20) Jarrow & Hebburn     | 15.0 |       |
| 6 2 Anna Heslop Heaton Harriers                 | 15.1 |       |

**Women's 200m A**

|   | Perf | Wind= |
|---|------|-------|
| 1 6 Jo Adams Richmond & Zetland             | 28.2 |       |
| 2 3 Rachel Scott (U17) Houghton Harriers    | 28.3 |       |
| 3 1 Beth Bradford (U17) Blaydon / Elswick   | 28.6 |       |
| 4 5 Hayley Richardson M&C / HBR             | 29.2 |       |
| 5 2 Anna Heslop Heaton Harriers             | 31.6 |       |
| 6 4 Rachel Nicholson (U20) Jarrow & Hebburn | 32.9 |       |
| 7 7 Louise Griffin Tynedale Harriers        | 40.9 |       |

**Women's 400m A**

|   | Perf | Wind= | Record | Wind | AW                                  |
|---|------|-------|--------|------|-------------------------------------|
| 1 4 Sarah McDonald (U20) Jarrow & Hebburn | 60.1 |       |        |      | <input checked="" type="checkbox"/> |
| 2 6 Jo Adams Richmond & Zetland           | 61.3 |       |        |      | <input checked="" type="checkbox"/> |
| 3 1 Liane Brown Blaydon / Elswick         | 66.3 |       |        |      |                                     |
| 4 7 Joanne Lee Tynedale Harriers          | 71.6 |       |        |      |                                     |
| 5 3 Elizabeth Page Houghton Harriers      | 72.4 |       |        |      |                                     |
| 6 5 Abbie Smith M&C / HBR                 | 75.0 |       |        |      |                                     |

**Women's 800m A**

|   | Perf    | Wind= | Record | Wind | AW                                  |
|---|---------|-------|--------|------|-------------------------------------|
| 1 6 Jo Adams Richmond & Zetland           | 02:14.6 |       |        |      | <input checked="" type="checkbox"/> |
| 2 4 Sarah McDonald (U20) Jarrow & Hebburn | 02:18.6 |       |        |      | <input checked="" type="checkbox"/> |
| 3 5 Cara Jordan (U17) M&C / HBR           | 02:24.4 |       |        |      | <input checked="" type="checkbox"/> |
| 4 1 Liane Brown Blaydon / Elswick         | 02:39.2 |       |        |      |                                     |
| 5 2 Sarah Lemon Heaton Harriers           | 03:01.8 |       |        |      |                                     |
| 6 7 Louise Griffin Tynedale Harriers      | 03:11.8 |       |        |      |                                     |

**Women's 1500m A**

|   | Perf    | Wind= |
|---|---------|-------|
| 1 6 Jo Adams Richmond & Zetland           | 05:17.9 |       |
| 2 5 Rachel Barnes M&C / HBR               | 05:30.0 |       |
| 3 33 Lyndsey Page (U20) Houghton Harriers | 05:47.6 |       |
| 4 2 Sarah Lemon Heaton Harriers           | 06:00.0 |       |
| 5 7 Louise Griffin Tynedale Harriers      | 06:24.0 |       |

**Women's 3000m A**

|  | Perf    | Wind= | Record | Wind | AW                                  |
|--|---------|-------|--------|------|-------------------------------------|
| 1 5 Carolyn Summersgill M&C / HBR        | 10:08.8 |       |        |      | <input checked="" type="checkbox"/> |
| 2 7 Joanne Lee Tynedale Harriers         | 10:52.9 |       |        |      | <input checked="" type="checkbox"/> |
| 3 2 Sarah Lemon Heaton Harriers          | 12:10.9 |       |        |      |                                     |
| 4 3 Lyndsey Page (U20) Houghton Harriers | 12:26.7 |       |        |      |                                     |
| 5 4 Elaine Leslie Jarrow & Hebburn       | 13:18.2 |       |        |      |                                     |
| 6 66 Laura Dunphy Richmond & Zetland     | 14:23.8 |       |        |      |                                     |

**Women's 400m Hurdles A**

|  | Perf | Wind= |
|--|------|-------|
| 1 6 Rosie Stirr (U17) Richmond & Zetland   | 83.0 |       |
| 2 3 Laura Fenwick (U17) Houghton Harriers  | 88.6 |       |
| 3 1 Lauren Newsham (U17) Blaydon / Elswick | 99.6 |       |

**Women's 100m Hurdles A**

|  | Perf | Wind= |
|--|------|-------|
| 1 5 Hayley Richardson M&C / HBR              | 21.5 |       |
| 2 1 Rebecca Carpenter (U1) Blaydon / Elswick | 22.5 |       |
| 3 3 Elizabeth Page Houghton Harriers         | 24.1 |       |
| 4 2 Judith Archibold Heaton Harriers         | 24.5 |       |

**7 May 2011**

**Women's 100m B**

|  | Perf | Wind= |
|--|------|-------|
| 1 11 Amy Simpson (U20) Blaydon / Elswick     | 14.6 |       |
| 2 33 Rebecca Maughan (U20) Houghton Harriers | 15.2 |       |
| 3 22 Judith Archibold Heaton Harriers        | 15.8 |       |
| 4 55 Andrea Ansell M&C / HBR                 | 16.6 |       |
| 5  |      |       |
| 6  |      |       |

**Women's 200m B**

|  | Perf | Wind= |
|--|------|-------|
| 1 33 Laura Fenwick (U17) Houghton Harriers       | 29.7 |       |
| 2 66 Charlotte Dinsdale (U20) Richmond & Zetland | 30.1 |       |
| 3 11 Amy Simpson (U20) Blaydon / Elswick         | 30.5 |       |
| 4 22 Judith Archibold Heaton Harriers            | 32.9 |       |
| 5  |      |       |
| 6  |      |       |
| 7  |      |       |

**Women's 400m B**

|  | Perf | Wind= | Record | Wind | AW |
|--|------|-------|--------|------|----|
| 1 77 Louise Griffin Tynedale Harriers      | 85.1 |       |        |      |    |
| 2 33 Lydia Bellamy (U17) Houghton Harriers | 93.7 |       |        |      |    |
| 3  |      |       |        |      |    |
| 4  |      |       |        |      |    |
| 5  |      |       |        |      |    |
| 6  |      |       |        |      |    |

**Women's 800m B**

|   | Perf    | Wind= | Record | Wind | AW                                  |
|---|---------|-------|--------|------|-------------------------------------|
| 1 44 Charmaine Porter Jarrow & Hebburn        | 02:23.1 |       |        |      | <input checked="" type="checkbox"/> |
| 2 11 Rebecca Carpenter (U1) Blaydon / Elswick | 02:43.5 |       |        |      |                                     |
| 3 55 - M&C / HBR                              | 02:47.7 |       |        |      |                                     |
| 4 66 Laura Dunphy Richmond & Zetland          | 03:30.6 |       |        |      |                                     |
| 5   |         |       |        |      |                                     |
| 6   |         |       |        |      |                                     |

**Women's 1500m B**

|   | Perf    | Wind= |
|---|---------|-------|
| 1 3 Rebecca Maughan (U20) Houghton Harriers | 06:02.6 |       |
| 2 22 Alex Bonnard Heaton Harriers           | 06:53.5 |       |
| 3 66 Laura Dunphy Richmond & Zetland        | 07:04.8 |       |
| 4   |         |       |
| 5   |         |       |

**Women's 3000m B**

|                                       | Perf    | Wind= |
|---------------------------------------|---------|-------|
| 1 22 Alex Bonnard Heaton Harriers     | 14:36.1 |       |
| 2 33 Elizabeth Page Houghton Harriers | 14:47.4 |       |
| 3                                     |         |       |
| 4                                     |         |       |
| 5                                     |         |       |
| 6                                     |         |       |

**Women's 400m Hurdles B**

|                                       | Perf | Wind= |
|---------------------------------------|------|-------|
| 1 33 Elizabeth Page Houghton Harriers | 93.3 |       |
| 2                                     |      |       |
| 3                                     |      |       |

**Women's 100m Hurdles B**

|   | Perf | Wind= |
|---|------|-------|
| 1 |      |       |
| 2 |      |       |
| 3 |      |       |
| 4 |      |       |

**Division 4E Match 1 - Stadium 2000, Shildon**

|                                     |    |                          |                      | Perf                   | Recor                  | Wind                     | AW   | <b>7 May 2011</b>                   |    |                          |                    | Perf  | Wind | AW |  |
|-------------------------------------|----|--------------------------|----------------------|------------------------|------------------------|--------------------------|------|-------------------------------------|----|--------------------------|--------------------|-------|------|----|--|
| <b><u>Women's Hammer A</u></b>      |    |                          |                      |                        |                        |                          |      | <b><u>Women's Hammer B</u></b>      |    |                          |                    |       |      |    |  |
| 1                                   | 4  | Katherine Bulmer (U20)   | Jarrow & Hebburn     | 22.58                  |                        |                          |      | 1                                   | 6  | Laura Dunphy             | Richmond & Zetland | 17.76 |      |    |  |
| 2                                   | 66 | Jo Adams                 | Richmond & Zetland   | 17.81                  |                        |                          |      | 2                                   | 3  | Pam Brewis               | Houghton Harriers  | 11.53 |      |    |  |
| 3                                   | 33 | Lisa Clennell            | Houghton Harriers    | 15.41                  |                        |                          |      | 3                                   | 22 | Alex Bonnard             | Heaton Harriers    | 7.25  |      |    |  |
| 4                                   | 5  | Andrea Ansell            | M&C / HBR            | 14.17                  |                        |                          |      | 4                                   |    |                          |                    |       |      |    |  |
| 5                                   | 2  | Sarah Lemon              | Heaton Harriers      | 11.02                  |                        |                          |      | 5                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's Discus A</u></b>      |    |                          |                      |                        |                        |                          |      | <b><u>Women's Discus B</u></b>      |    |                          |                    |       |      |    |  |
| 1                                   | 4  | Katherine Bulmer (U20)   | Jarrow & Hebburn     | 20.87                  |                        |                          |      | 1                                   | 66 | Charlotte Dinsdale (U20) | Richmond & Zetland | 14.51 |      |    |  |
| 2                                   | 6  | Jo Adams                 | Richmond & Zetland   | 19.28                  |                        |                          |      | 2                                   | 11 | Beth Bradford (U17)      | Blaydon / Elswick  | 11.53 |      |    |  |
| 3                                   | 55 | Hayley Richardson        | M&C / HBR            | 15.60                  |                        |                          |      | 3                                   | 5  | Andrea Ansell            | M&C / HBR          | 11.36 |      |    |  |
| 4                                   | 3  | Laura Fenwick (U17)      | Houghton Harriers    | 13.72                  |                        |                          |      | 4                                   | 33 | Rebecca Maughan (U20)    | Houghton Harriers  | 11.00 |      |    |  |
| 5                                   | 1  | Liane Brown              | Blaydon / Elswick    | 12.95                  |                        |                          |      | 5                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's Javelin A</u></b>     |    |                          |                      |                        |                        |                          |      | <b><u>Women's Javelin B</u></b>     |    |                          |                    |       |      |    |  |
| 1                                   | 44 | Alecia Berry             | Jarrow & Hebburn     | 28.08                  |                        |                          | ☑    | 1                                   | 4  | Katherine Bulmer (U20)   | Jarrow & Hebburn   | 24.00 |      |    |  |
| 2                                   | 1  | Lauren Newsham (U17)     | Blaydon / Elswick    | 17.71                  |                        |                          |      | 2                                   | 3  | Lyndsey Page (U20)       | Houghton Harriers  | 15.21 |      |    |  |
| 3                                   | 33 | Elizabeth Page           | Houghton Harriers    | 17.29                  |                        |                          |      | 3                                   | 66 | Fiona Hughes             | Richmond & Zetland | 9.86  |      |    |  |
| 4                                   | 6  | Rosie Stirr (U17)        | Richmond & Zetland   | 13.90                  |                        |                          |      | 4                                   | 11 | Katie Priestley (U20)    | Blaydon / Elswick  | 9.75  |      |    |  |
| 5                                   | 7  | Steph White              | Tynedale Harriers    | 8.33                   |                        |                          |      | 5                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's Shot Putt A</u></b>   |    |                          |                      |                        |                        |                          |      | <b><u>Women's Shot Putt B</u></b>   |    |                          |                    |       |      |    |  |
| 1                                   | 4  | Katherine Bulmer (U20)   | Jarrow & Hebburn     | 11.66                  |                        |                          | ☑    | 1                                   | 44 | Alecia Berry             | Jarrow & Hebburn   | 8.22  |      |    |  |
| 2                                   | 66 | Charlotte Dinsdale (U20) | Richmond & Zetland   | 7.53                   |                        |                          |      | 2                                   | 33 | Riley Clennell (U17)     | Houghton Harriers  | 6.09  |      |    |  |
| 3                                   | 1  | Amy Simpson (U20)        | Blaydon / Elswick    | 6.89                   |                        |                          |      | 3                                   | 6  | Laura Dunphy             | Richmond & Zetland | 5.84  |      |    |  |
| 4                                   | 5  | Hayley Richardson        | M&C / HBR            | 6.36                   |                        |                          |      | 4                                   | 7  | Louise Griffin           | Tynedale Harriers  | 4.71  |      |    |  |
| 5                                   | 3  | Lyndsey Page (U20)       | Houghton Harriers    | 6.31                   |                        |                          |      | 5                                   | 11 | Katie Priestley (U20)    | Blaydon / Elswick  | 3.82  |      |    |  |
| 6                                   | 77 | Steph White              | Tynedale Harriers    | 5.68                   |                        |                          |      | 6                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's Long Jump A</u></b>   |    |                          |                      |                        |                        |                          |      | <b><u>Women's Long Jump B</u></b>   |    |                          |                    |       |      |    |  |
| 1                                   | 11 | Liane Brown              | Blaydon / Elswick    | 3.76                   |                        |                          |      | 1                                   | 1  | Lauren Newsham (U17)     | Blaydon / Elswick  | 3.50  |      |    |  |
| 2                                   | 2  | Judith Archibold         | Heaton Harriers      | 3.75                   |                        |                          |      | 2                                   | 6  | Laura Dunphy             | Richmond & Zetland | 2.78  |      |    |  |
| 3                                   | 3  | Rebecca Maughan (U20)    | Houghton Harriers    | 3.39                   |                        |                          |      | 3                                   |    |                          |                    |       |      |    |  |
| 4                                   | 66 | Fiona Hughes             | Richmond & Zetland   | 3.07                   |                        |                          |      | 4                                   |    |                          |                    |       |      |    |  |
| 5                                   | 7  | Louise Griffin           | Tynedale Harriers    | 2.21                   |                        |                          |      | 5                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's Triple Jump A</u></b> |    |                          |                      |                        |                        |                          |      | <b><u>Women's Triple Jump B</u></b> |    |                          |                    |       |      |    |  |
| 1                                   | 11 | Beth Bradford (U17)      | Blaydon / Elswick    | 9.40                   |                        |                          |      | 1                                   | 1  | Rebecca Carpenter (U17)  | Blaydon / Elswick  | 8.70  |      |    |  |
| 2                                   | 77 | Steph White              | Tynedale Harriers    | 7.79                   |                        |                          |      | 2                                   | 7  | Louise Griffin           | Tynedale Harriers  | 7.39  |      |    |  |
| 3                                   | 3  | Elizabeth Page           | Houghton Harriers    | 7.56                   |                        |                          |      | 3                                   |    |                          |                    |       |      |    |  |
| 4                                   | 5  | Cara Jordan (U17)        | M&C / HBR            | 7.28                   |                        |                          |      | 4                                   |    |                          |                    |       |      |    |  |
| <b><u>Women's High Jump A</u></b>   |    |                          |                      |                        |                        |                          |      | <b><u>Women's High Jump B</u></b>   |    |                          |                    |       |      |    |  |
| 1                                   | 6  | Rosie Stirr (U17)        | Richmond & Zetland   | 1.45                   |                        |                          |      | 1                                   | 22 | Judith Archibold         | Heaton Harriers    | 1.15  |      |    |  |
| 2                                   | 3  | Rachel Scott (U17)       | Houghton Harriers    | 1.40                   |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| 3                                   | 1  | Amy Simpson (U20)        | Blaydon / Elswick    | 1.40                   |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| 4                                   | 5  | Hayley Richardson        | M&C / HBR            | 1.25                   |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| 5                                   | 2  | Anna Heslop              | Heaton Harriers      | 1.20                   |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| <b><u>Women's Pole Vault A</u></b>  |    |                          |                      |                        |                        |                          |      | <b><u>Women's Pole Vault B</u></b>  |    |                          |                    |       |      |    |  |
| 1                                   | 99 | Event Cancelled          |                      |                        |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| <b><u>Women's 4x100m Relay</u></b>  |    |                          |                      |                        |                        |                          |      |                                     |    |                          |                    |       |      |    |  |
| 1                                   | 4  | Jarrow & Hebburn         | Sarah McDonald (U20) | Katherine Bulmer (U20) | Rachel Nicholson (U20) | Alecia Berry             | 57.1 |                                     |    |                          |                    |       |      |    |  |
| 2                                   | 3  | Houghton Harriers        | Rachel Scott (U17)   | Lyndsey Page (U20)     | Laura Fenwick (U17)    | Rebecca Maughan (U20)    | 57.4 |                                     |    |                          |                    |       |      |    |  |
| 3                                   | 1  | Blaydon / Elswick        | Amy Simpson (U20)    | Katie Priestley (U20)  | Liane Brown            | Lauren Newsham (U20)     | 58.1 |                                     |    |                          |                    |       |      |    |  |
| 4                                   | 5  | M&C / HBR                | Abbie Smith          | Carolyn Summersgill    | Rachel Barnes          | Hayley Richardson        | 60.7 |                                     |    |                          |                    |       |      |    |  |
| 5                                   | 6  | Richmond & Zetland       | Laura Dunphy         | Rosie Stirr (U17)      | Jo Adams               | Charlotte Dinsdale (U20) | 62.3 |                                     |    |                          |                    |       |      |    |  |

Division 4E Match 1 - Stadium 2000, Shildon

Perf    Recor  
          Wind    AW

7 May 2011

Perf    Wind    AW

**Women's 4x400m Relay**

|   |   |                   |                     |                       |                     |                   |         |
|---|---|-------------------|---------------------|-----------------------|---------------------|-------------------|---------|
| 1 | 1 | Blaydon / Elswick | Liane Brown         | Katie Priestley (U20) | Beth Bradford (U17) | Rebecca Carpenter | 04:41.2 |
| 2 | 5 | M&C / HBR         | Carolyn Summersgil  | Cara Jordan (U17)     | Rachel Barnes       | Abbie Smith       | 04:48.2 |
| 3 | 3 | Houghton Harriers | Lydia Bellamy (U17) | Elizabeth Page        | Lyndsey Page (U20)  | Rebecca Maughan   | 05:23.7 |



Division 4E Match 1 - Stadium 2000, Shildon

07 May 2011

| Events              | Blayd / Els | Heaton | Houghton | Jarrow | M&C / HBF | Richmond | Tynedale |    | UNUSED | TOTAL |     |    |     |    |     |     |     |     |
|---------------------|-------------|--------|----------|--------|-----------|----------|----------|----|--------|-------|-----|----|-----|----|-----|-----|-----|-----|
| Men's 100m          |             |        | 6        | 7      | 5         | 5        | 10       | 8  | 8      | 6     | 7   | 10 | 43  | 29 |     |     |     |     |
| Men's 200m          |             | 7      | 4        |        | 5         | 6        | 5        | 10 | 6      | 8     | 8   |    | 7   | 6  | 43  | 29  |     |     |
| Men's 400m          | 6           | 6      | 4        | 8      | 3         | 3        | 7        | 5  | 5      | 8     | 4   | 10 |     | 3  | 43  | 29  |     |     |
| Men's 800m          | 5           |        |          | 4      | 4         | 6        | 8        | 10 | 6      | 7     | 5   | 8  |     | 3  | 6   | 43  | 29  |     |
| Men's 1500m         |             |        | 5        |        |           | 6        |          | 8  | 8      | 10    | 6   | 7  |     | 7  | 15  | 43  | 29  |     |
| Men's 3000m S/Chase |             |        | 8        |        | 10        | 8        | 6        |    | 7      |       |     |    |     | 12 | 21  | 43  | 29  |     |
| Men's 5000m         | 5           |        | 6        |        |           |          |          | 10 | 8      | 7     | 6   | 8  |     | 7  | 15  | 43  | 29  |     |
| Men's 400m Hurdles  |             |        | 7        |        | 5         |          |          |    | 8      | 8     | 10  |    | 6   |    | 7   | 21  | 43  | 29  |
| Men's 110m Hurdles  |             |        |          |        |           |          |          |    |        |       | 10  |    |     |    | 33  | 29  | 43  | 29  |
| Men's Hammer        |             |        |          | 7      | 5         | 5        |          | 10 | 8      | 6     |     | 8  | 6   |    | 7   | 10  | 43  | 29  |
| Men's Discus        |             | 6      | 4        | 5      | 3         | 4        | 2        | 10 | 8      | 7     | 5   | 8  | 6   |    | 3   | 1   | 43  | 29  |
| Men's Javelin       |             | 5      | 2        | 8      | 3         | 6        | 4        | 4  | 5      | 7     | 8   | 10 | 6   |    | 3   | 1   | 43  | 29  |
| Men's Shot Putt     |             | 5      |          | 7      | 5         | 4        |          | 10 | 8      | 6     | 4   | 8  | 6   |    | 3   | 6   | 43  | 29  |
| Men's Long Jump     | 5           | 6      | 6        | 8      | 5         | 3        | 2        | 7  | 8      | 10    | 3   | 4  | 4   |    |     | 1   | 43  | 29  |
| Men's Triple Jump   | 7           | 10     | 8        | 4      |           |          |          | 6  |        | 8     | 6   | 5  |     |    | 3   | 15  | 43  | 29  |
| Men's High Jump     | 7           | 10     |          | 6      |           |          |          | 5  | 8      | 4     |     | 8  |     |    | 3   | 21  | 43  | 29  |
| Men's Pole Vault    |             |        |          |        |           |          |          |    |        |       |     | 10 | 8   |    | 33  | 21  | 43  | 29  |
| Men's 4x100m Relay  | 5           |        | 6        |        | 8         |          |          | 7  |        | 10    |     |    |     |    | 7   | 29  | 43  | 29  |
| Men's 4x400m Relay  |             |        |          |        |           | 6        |          | 7  |        | 10    |     | 8  |     |    | 12  | 29  | 43  | 29  |
|                     | 40          | 6      | 85       | 32     | 81        | 36       | 65       | 16 | 125    | 90    | 140 | 61 | 124 | 50 | 157 | 260 | 817 | 551 |

|                      |     |    |    |    |     |    |    |    |     |    |     |    |    |    |  |     |     |     |     |
|----------------------|-----|----|----|----|-----|----|----|----|-----|----|-----|----|----|----|--|-----|-----|-----|-----|
| Women's 100m         | 6   | 8  | 4  | 5  | 8   | 6  | 5  |    | 10  | 4  | 7   |    |    |    |  | 3   | 6   | 43  | 29  |
| Women's 200m         | 7   | 5  | 5  | 4  | 8   | 8  | 4  |    | 6   |    | 10  | 6  | 3  |    |  | 6   | 43  | 29  |     |
| Women's 400m         | 7   |    |    |    | 5   | 6  | 10 |    | 4   |    | 8   |    | 6  | 8  |  | 3   | 15  | 43  | 29  |
| Women's 800m         | 6   | 6  | 5  |    |     |    | 8  | 8  | 7   | 5  | 10  | 4  | 4  |    |  | 3   | 6   | 43  | 29  |
| Women's 1500m        |     |    | 6  | 6  | 7   | 8  |    |    | 8   |    | 10  | 5  | 5  |    |  | 7   | 10  | 43  | 29  |
| Women's 1500m S/Ch   |     |    |    |    |     |    |    |    |     |    |     |    |    |    |  |     |     |     |     |
| Women's 3000m        |     |    | 7  | 8  | 6   | 6  | 5  |    | 10  |    | 4   |    | 8  |    |  | 3   | 15  | 43  | 29  |
| Women's 400m Hurdle  | 7   |    |    |    | 8   | 8  |    |    |     |    | 10  |    |    |    |  | 18  | 21  | 43  | 29  |
| Women's 100m Hurdle  | 8   |    | 6  |    | 7   |    |    |    | 10  |    |     |    |    |    |  | 12  | 29  | 43  | 29  |
| Women's Hammer       |     |    | 5  | 5  | 7   | 6  | 10 |    | 6   |    | 8   | 8  |    |    |  | 7   | 10  | 43  | 29  |
| Women's Discus       | 5   | 6  |    |    | 6   | 4  | 10 |    | 7   | 5  | 8   | 8  |    |    |  | 7   | 6   | 43  | 29  |
| Women's Javelin      | 8   | 4  |    |    | 7   | 6  | 10 | 8  |     |    | 6   | 5  | 5  |    |  | 7   | 6   | 43  | 29  |
| Women's Shot Putt    | 7   | 3  |    |    | 5   | 6  | 10 | 8  | 6   |    | 8   | 5  | 4  | 4  |  | 3   | 3   | 43  | 29  |
| Women's Long Jump    | 10  | 8  | 8  |    | 7   |    |    |    |     |    | 6   | 6  | 5  |    |  | 7   | 15  | 43  | 29  |
| Women's Triple Jump  | 10  | 8  |    |    | 7   |    |    |    | 6   |    |     |    | 8  | 6  |  | 12  | 15  | 43  | 29  |
| Women's High Jump    | 7   |    | 5  | 8  | 8   |    |    |    | 6   |    | 10  |    |    |    |  | 7   | 21  | 43  | 29  |
| Women's Pole Vault   |     |    |    |    |     |    |    |    |     |    |     |    |    |    |  | 43  | 29  | 43  | 29  |
| Women's 4x100m Relay | 7   |    |    |    | 8   |    | 10 |    | 6   |    | 5   |    |    |    |  | 7   | 29  | 43  | 29  |
| Women's 4x400m Relay | 10  |    |    |    | 7   |    |    |    | 8   |    |     |    |    |    |  | 18  | 29  | 43  | 29  |
|                      | 105 | 48 | 51 | 36 | 111 | 64 | 82 | 24 | 100 | 14 | 110 | 47 | 48 | 18 |  | 167 | 271 | 774 | 522 |

| Match Summary    | Blayd / Els | Heaton | Houghton | Jarrow | M&C / HBF | Richmond | Tynedale |   | UNUSED | TOTAL  |
|------------------|-------------|--------|----------|--------|-----------|----------|----------|---|--------|--------|
| Teams            | 199.0       | 204.0  | 292.0    | 187.0  | 329.0     | 358.0    | 240.0    |   | 855.0  | 2664.0 |
| Officials Points | 25.0        | 25.0   | 30.0     | 20.0   | 30.0      | 30.0     | 20.0     |   | 180.0  | 360.0  |
| Total            | 224.0       | 229.0  | 322.0    | 207.0  | 359.0     | 388.0    | 260.0    |   | 1035.0 | 3024.0 |
| Match Position   | 6           | 5      | 3        | 7      | 2         | 1        | 4        | 8 |        |        |
| League Points    | 2           | 3      | 5        | 1      | 6         | 7        | 4        |   |        |        |

6 5 3 7 2 1 4 8

| Standings        | Blayd / Els | Heaton | Houghton | Jarrow | M&C / HBF | Richmond | Tynedale |   |
|------------------|-------------|--------|----------|--------|-----------|----------|----------|---|
| League Points    | 2.0         | 3.0    | 5.0      | 1.0    | 6.0       | 7.0      | 4.0      |   |
| Match Points     | 224.0       | 229.0  | 322.0    | 207.0  | 359.0     | 388.0    | 260.0    |   |
| League Positions | 6           | 5      | 3        | 7      | 2         | 1        | 4        | 8 |